

The now, the next and the never of fashion

Metro unravels a month of style on the catwalks PAGE 30

CALGARY

Thursday, March 15, 2012

Neo-Nazi rally in doubt

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Shift. Organizer confirms white-supremacist effort has shifted to Edmonton – police still preparing regardless



JEREMY **NOLAIS**

It appears Calgary's neo-Nazis are packing their bags

and marching north.
A poster circulating online advertises an Edmonton white-pride rally hosted by the group Blood & Honour on March 24.

For years, that same contingent has steered organization of a similar demonstration on downtown Calgary streets, often coming face to face — and in some cases fist to fist — with counter-protesters from the group Anti-Racist Action Calgary.

A Blood & Honour member confirmed to Metro Tuesday this year's focus is on the Edmonton rally and

"If they don't show up and nothing's happening, that's a definite success for us."

Jason Devine Anti-Racist Action Calgary

no plans were being made for a Calgary demonstration.

That same individual downplayed those com-ments somewhat later in the

day.
"It's complicated.... We have strict rules on what we can say," he said. "You'll see soon enough."

A Calgary police spokes-person said the service is still preparing for any eventualities and has not received confirmation of the local rally being cancelled.

Critics of the white-pride movement pointed to a low turnout at last year's Calgary demonstration - just a dozen dark-clothed Blood & Honour members, some carrying flags displaying a white cross, turned up indication support was lag-

- Besides Blood & Honour, there is still at least one other neo-Nazi group Western Furopean Bloodlines — with known members in Calgary, said anti-racism advocate Jason Devine.
- Const. Ken Smith with the Edmonton Police Service hate crimes unit said he maintains "constant communication" with Calgary police about the actions of area white supremacists.

ging.
"If they don't show up and nothing's happening, that's a definite success for us," said Jason Devine with Anti-Racist Action Calgary, which had roughly 200 members attend last year's counter-protest. "It shows they are tired of being outnumbered 10 to one.... We still plan to rally March 24 at city hall.'

WITH FILES FROM SHELLEY WILLIAMSON



17th Avenue: **Demise or** evolution?

Part 4 of Metro's four-part series PAGE 4

Shocking testimony

Ontario girl wasn't young enough for accused killer, ex-girlfriend says

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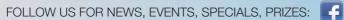




BUICK







Avalanche victim suffocated under huge mound of snow: Coroner

A Calgary skier who was killed in a B.C. avalanche on the weekend spent probably half an hour under a mound of snow before being dug out, the coroner says.

David Ng, 32, was described as an experienced athlete who had ventured to the backcountry many times before.

On Sunday, he was part of a group of six skiers when a slide occurred in the Ghost Peak area, about 15 kilometres southeast of Revelstoke.

"I have an indication that he had a locator transmitter on him that the others used to find him," coroner Mark Coleman said.

"Unfortunately, by the time they were able to get to him, it was too late"

The cause of death was asphyxiation, which Coleman said likely occurred within a matter of minutes.

The five other skiers were forced to spend two more days on the mountain with Ng's body when poor weather hampered recovery efforts

efforts.

Ng's death is the third in the B.C. back-country in the space of a week, as the Canadian Avalanche Centre continues to warn of high potential for slides throughout much of the region.

Fellow Albertan Steven Hall, a 33-year-old father from Cardston, was killed by the force of an avalanche or collision with a tree during a slide near Sparwood, B.C., two days before.

REREMY NOLAIS/METRO



City hoping to pass new wind bylaw for buildings

Safety. Violent winds have caused recent street closures and safety concerns in the downtown core



KATIE TURNER katie.turner@metronews.ca

Stronger regulations could be blowing in for downtown building owners after powerful windstorms tore pieces from city highrises.

The area around the Husky Building along Stephen Avenue was closed Tuesday afternoon and into Wednesday morning after a metal-framed canvas came loose and hung from the building. Metal debris also struck and damaged two

vehicles.

The downtown core was shut down in November, as well, due to safety concerns during a similar windstorm.

Kevin Griffiths, chief building official for the City of Calgary, said a proposed new bylaw would allow the city to regulate existing buildings rather than just construction sites, which the law is limited to now.

"We are looking at legislation now to increase our ability to react," he said. "It

Wind chill

- Steep fine. The city's Kevin Griffiths says he would like to see the fine for building owners raised to \$250,000 from \$15,000 for the first offerce.
- Without precedent. He adds that the \$15,000 fine has never been imposed on owners of established buildings.

is something now, obviously with the recent occurrence, we will be even more vigorously following up on."

Bill Partridge, president

of the Building Owners and Managers Association, said his group began co-operating with the city after the last wind episode in November, but at that time, no problems were identified.

NEWS

"The inference when I hear these things is that the industry isn't doing anything," Partridge said. "That could not be further from the truth.

the truth.

"What we can't control and never will be able to control, and what will not be affected by way of bylaw regulation, is the weather. We can't do it, so it's absurd, really, to think that somehow we can have this magic bullet of a bylaw."

NEWS

Mobile news



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Thursday, March 15, 2012



James McTavish, his wife, Katheryn, and their dog Fionn take a walk through Inglewood, one of many areas in the city serving a niche retail market, IERRMY NOLAIS/METRO

Part 4 of a four-part series

17th Avenue: Demise or evolution?

Out with the shoppers, in with the diners and drinkers

Change. The city could see benefit of reduced retail offerings along busy stretch



JEREMY NOLAIS jeremy.nolais@metronews.ca

Selina Renfrow still routinely visits 17th Avenue. Nowadays, though, it's not to shop but to quench her thirst.

"The stores that my friends used to run there were one-of-a-kind," the 27-year-old mother and part-time model explained.

"Most of them have closed. You don't see that kind of thing anymore."

Area business-revitalization representatives echo Renfrow's views of change on the storied uptown strip loud and clear.

They claim soaring rents and land-use relaxations have forced independent, kioskstyle establishments out and drawn food and drinking establishments in.

Some trend watchers, however, believe change on the avenue is simply reflective of a larger move toward compartmentalized retail offerings in the city.

"If you want to go look at home decor, you are going to go along 11th (Avenue Southwest)," said Käthe Lemon, editor for Avenue Magazine.

"If you want antiques — it's also becoming more of a niche for kitchen items and specialty foods — it's Inglewood and Kensington.... Stephen Avenue is really more that fashion destination."

And although controversial, a major development along 17th Avenue scheduled to open later this year was viewed by many speaking to Metro as a hail-mary pass of sorts to keep foot traffic in the area.

Known as Hanson Square, the four-storey, 18,000-square-foot development at the corner of 8th Street Southwest will feature a Best Buy spread out across its entire second floor.

Survival on 17th

- Funding. Citing struggles for business owners, Alds.
 Druh Farrell and John Mar have made a successful application through the city Innovation Fund for \$200,000 to develop inner-city retail strategies.
- 17th Avenue. City planner Matt Rockley said some of that money will likely go towards assisting businesses along 17th Avenue.

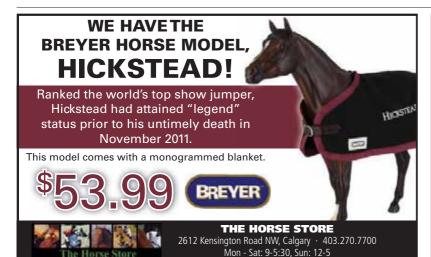
"At least it has parking," said Barbara Stein, executive director for the aforementioned BRZ, referring to 180 underground stalls for public use.

"We need to at least be able to maintain the retail space we have. I think 17th Avenue should be treated as its own entity.... Our hands are tied. The City of Calgary is clearly at the helm of this shin"

Word on the street

"The stores that my friends used to run there were one-of-a-kind.... Most of them have closed. You don't see that kind of thing anymore."

Selina Renfrow, 27-year-old mother, part-time model and 17th Avenue regular



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Calgary Kony organizers looking to spread the word

The medium is the message. City bylaws put several restrictions on where groups can put up posters around town



Organizers of the Konv 2012 movement in Calgary are planning to spread their message across the city without breaking any laws to do it.

Following a viral You-Tube video about Joseph Kony, leader of a guerilla organization that abducts children, events are taking place around the world to spread awareness about Calgarian Ashley Marshall said she was inspired to organize a charity event.

In addition to a benefit concert on April 27 at Mount Royal University, Marshall said she's helping to co-ordinate a "Cover the Night" event on April 20.

Invisible Children, the group behind the Kony video, is asking people to plaster posters with Kony's face all around their cities.

Marshall said the intent is to do so in a legal man-

"Ideally, everybody will be respectful because ... that's not what we're trying to do; we're trying to spread awareness,"

"I'm a taxpayer don't want to pay for the removal of a bunch of graffiti or posters on business

Animal and Bylaw Services director Bill Bruce said they've worked with similar groups before to poster

argioups active to poster the city legally.

"That's what we have to work out — what's their intent? Are they going to be stuck on, glued on, taped on? Are they going to remove them when they're done?" he said.
"There are a lot of ques-

tions to ask.

Charges up in graffiti crackdown

Through a collaborative effort between city organizations, 2012 is on track to see a significant boost in graffiti-related charges, according to officials.

The Calgary Police Service, Animal and By-law Services and Calgary Transit partnered in early January to form a collaborative task force against graffiti.

To date this year, 156 graffiti-related charges have been laid — around the same number laid in all of 2011.

Last week alone, more than 7,000 square feet of graffiti was removed.

CPS Inspector Curtis Olson said a team effort resulted in 50 charges being laid on March 10 against an 18-year-old Calgary man. Offenders need to

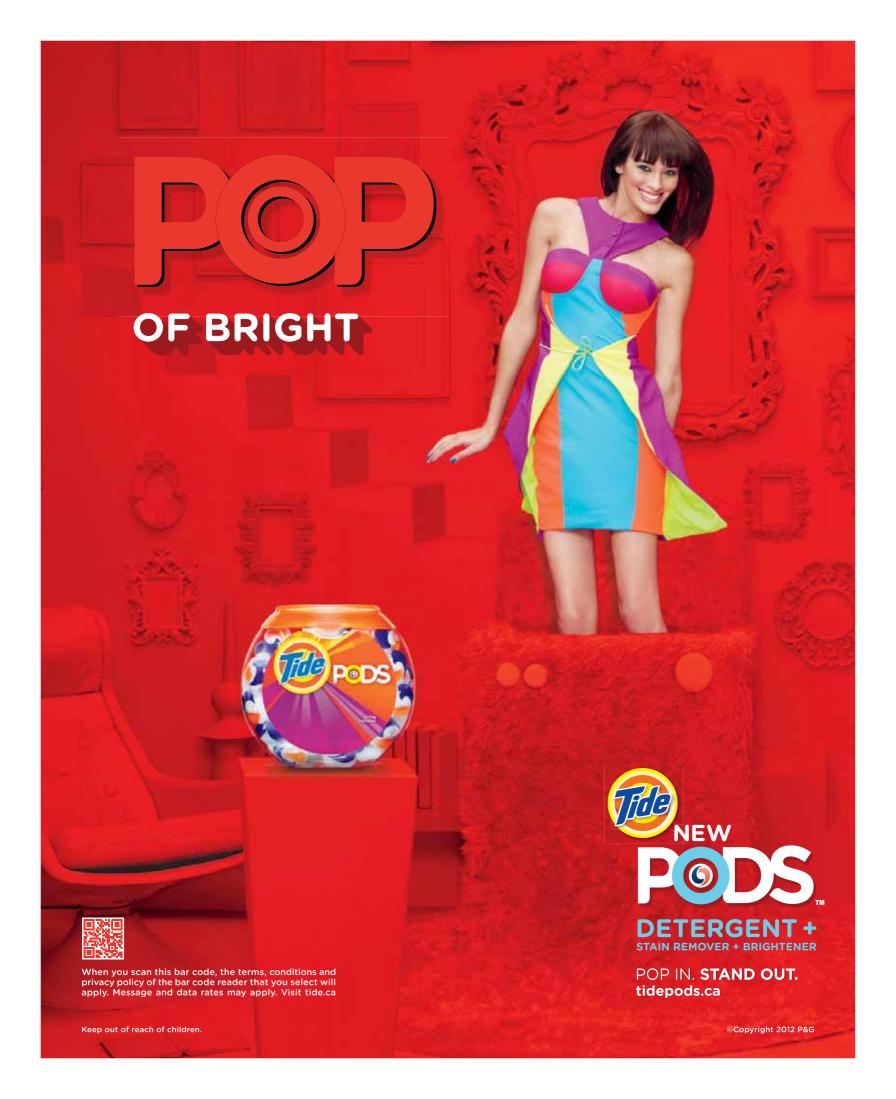
know that they will be held accountable," said Olsen. "The key message that we want to report on is: If you see it, report it."

A new advertising campaign has been launched with that exact message, encouraging Calgarians to call 311 if they find graffiti or 911 if they see someone in the act.

Brian Whitelaw, coordinator of public safety with Calgary Transit, esti-mates the cost to replace vandalized glass alone on the transit system was \$1.5 million last year.

More information can be found at graffitifreecalgary.ca.





metronews.ca Thursday, March 15, 2012 metr⊕ **NEWS**

Ethics commissioner.

Mar investigation back in province's court

Alberta's ethics commissioner said Wednesday he had no choice but to punt back to the province his investigation into alleged fundraising misdeeds by Asia trade envoy Gary Mar.

Neil Wilkinson said normally his office handles all conflict-of-interest questions, but the Mar case is unique.

'We do not have jurisdiction," said Wilkinson in an interview.

THE CANADIAN PRESS



Teens charged in robbery spree

Police have nabbed three teenage suspects they believe are responsible for a number of armed robberies.

From Nov. 28 to Jan. 21, thieves committed five rob-beries — four of which took place at the same liquor store in Dalhousie.

METRO



Fort Macleod

House set ablaze, police say

RCMP allege a teenager attacked a minor and then set a house ablaze over the weekend in Fort Macleod.

The incident took place in the 500 block of 18th Street in the town, located roughly 170 kilometres south of Calgary.

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'Green' grow-op a first: ALERT

Energy-efficient.

Police say LED lightpowered marijuana grow-op a first but an inevit able one



HEATHER **MCINTYRE**

The grow-op uncovered in Edmonton last week is the reported marijuana bust in the country to involve LED lights, according to the Alberta Law Enforcement Response Team (ALERT).

"In conversation with our national management and co-ordinator, I was advised that this is the first reported case of LED lights," acting Sgt. Ray Savage of ALERT's Green Team North said Wednesday

A drug-trafficking inves-tigation that wrapped up March 6 in the city's north end involved "very sophisti-cated" lighting — something not seen before, said Savage.

In a standard grow-op, 1,000-watt high-intensity discharge lights are used, increasing electrical con-sumption and producing moisture-laden heat.

In last week's bust, there were 41 180-watt LED lights powering the operation.

Savage said despite this being the first incident on record, the situation was in-

evitable. "It's something that has certainly been discussed in police circles," he said, adding it is anticipated similar operations will be found, but that the traditional grow-op will still remain the majority.

Pot. ALERT seized 513 plants, ranging in height from six inches to four feet, and 13.5 pounds of processed and packaged marijuana from the house. • Charged. Najeeb Manah, 33, faces charges. Edmonton Fire Rescue confirms the firefighter has been removed from active duty for the time being







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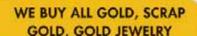


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#projectkris creator gets slew of death threats

Bash. Original location for high school party was changed amid fears of illegal activities occurring



Originally planning to throw the party of a lifetime, a Calgary teenager whose shindig went viral on Twitter now

Hunter Mills, an 18-year-old student at Dr. E.P. Scarlett High School, originally dreamed up a way to promote a house party being hosted by friend Kris Morrey after seeing the newly re-leased film Project X.

In that found-footage feature, teens host a bash that sees everything from tequila shots to a police tactical-unit response.

Mills said within hours, tweets using the hashtag #projectkris "exploded." An Ottawa-based digital affairs

"Put yourself in my shoes."

Hunter Mills, 18The high school student has been bullied online because his party wasn't as originally advertised.

strategist that monitored the situation has suggested the event generated 870,000 online impressions.

But fearing police intervention, Mills was quickly forced to find a new location for the shindig and ultimately settled on the adults-only

Back Alley nightclub, drawing a wave of criticism from would-be underage partiers.

"The only reason I still follow @H_Mills69 is to see his suicide note tweeted," wrote one such individual.

Mills says his Twitter account has been bombarded for days with assault and death threats.

He didn't even attend his own party, and now regrets the whole thing.

"Put yourself in my shoes," he said. "Look at everything that's happened."



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Legal action. Female border guards molested us, Canadian women say

Three Canadian women have launched legal action alleging they were molested by female U.S. border guards while attempting to cross the border near Windsor, Ont.

Leslie Ingratta of Windsor alleges two customs and border protection officers took her to a holding cell for questioning when she attempted to cross the Detroit-Windsor tunnel on Jan. 30, 2011, for a shopping trip to the U.S.

The lawsuit alleges officials questioned Ingratta repeatedly and accused her of lying about her reasons for travelling before ordering her to face a wall.

With her arms and legs spread, the officials conducted a search that included putting their hands under her bra and fondling her breasts, as well as grabbing her buttocks and rubbing her genitals, the suit alleges.

She was then taken back to the waiting room, crying and shaking, and told she was "clear to enter the United States"

"By this point, plaintiff was too traumatized to continue on her trip and

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Lawyer's case

"These women were sexually molested at the border and there's no excuse for that."

Thomas Wienner, U.S. lawyer representing the women

returned to Canada," court documents say.

In a second, joint lawsuit two women from Windsor and Milton, Ont., claim they were strip-searched in an inappropriate manner while travelling together across the Ambassador Bridge on March 5, 2010 to attend a music concert.

They allege the guards put their fingers into their anuses and vaginas, and fondled each of their bare breasts "in a prolonged, deliberate manner."

Thomas Wienner, a lawyer based in Rochester, Mich., who represents all three women, said he believes there could be more victims and wants them to come forward.

THE CANADIAN PRESS



A hole in one for Winnipeg's weather forecast

A golfer drives a ball at Shooters Golf Course in Winnipeg on Wednesday. The course opened its driving range early as the Prairies are currently experiencing a heat wave. Winnipeg was seeing temperatures in the low teens — far from its usual below-zero — with a high of 22 C expected for Friday. COURTEST OF CHRISDICA

Quebec politics

PQ raises concerns over halal meat

The Parti Quebecois is sounding the alarm bell over an Islamic food ritual, calling slaughter for halal meat an affront to the rights of animals and the values cherished by Quebecers.

The pro-independence party declared it is worried that mainstream companies are selling the meat, without any labelling, to unsuspecting customers.

Not to be outdone, the fledgling Coalition For Quebee's Future concurred consumers should have the right to choose which product they buy and halal products must be labelled. THE CANADIAN PRESS

Scandal

Staffer too sick for Vikileaks probe

Ex-Liberal staffer Adam Carroll, who quit after posting a Tory MP's divorce details online, said he was too sick to appear before a House of Commons committee Thursday. THE CANADIAN PRESS

Domestic violence

Startling numbers in Alberta poll

One in 10 Alberta men believes hitting a woman is OK if she makes them angry, according to a new Leger Marketing survey that polled 1,000 men over 18. TORSTAR NEWS SERVICE

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Public outraged over suicide of girl forced to marry her rapist

Morocco. Local law pushed victim to marry rapist to escape prosecution and preserve her family's "honour"

The case of a 16-year-old girl who killed herself after she was forced to marry her rapist has spurred outrage among Morocco's Internet activists and ignited calls for changes to the country's laws.

An online petition, a Facebook page and countless tweets expressed horror over the suicide of Amina Filali, who swallowed rat poison on Saturday to protest her marriage to the man who raped her a year earlier

her a year earlier.

Article 475 of the Moroccan penal code allows for the "kidnapper" of a minor to marry his victim to escape prosecution, and it has been

used to justify a traditional practice of making a rapist marry his victim to preserve the honour of the woman's family.

Abdelaziz Nouaydi, who runs the Adala Assocation for legal reform, said a judge can recommend marriage only in the case of agreement by the victim and both families.

"It is not something that happens a great deal — it is very rare," he said, but admitted that the family of the victim sometimes agrees out of fear that she won't be able to find a husband if it is known she was raped.

The marriage is then pushed on the victim by the families to avoid scandal, said Fouzia Assouli, president of Democratic League for Women's Rights.

In many societies, the loss of a woman's virginity outside of wedlock is a huge stain of honour on the family.

In many parts of the Middle East, there is a tradition

Pasnonsa

"Amina, 16, was triply violated, by her rapist, by tradition and by Article 475 of the Moroccan law."

Activist Abadila Maaelaynine, in a tweet

whereby a rapist can escape prosecution if he marries his victim, thereby restoring her honour. There is a similar injunction in the Old Testament's Book of Deuteronomy

Morocco updated its family code in 2004 in a landmark improvement of the situation of women, but activists say there's still need for improvement.

In cases of rape, the burden of proof is often on the victim and if she can't prove she was attacked, a woman risks being prosecuted for debauchery.

THE ASSOCIATED PRESS



Jesus ad stokes controversy

Energy-drink maker Red Bull said Wednesday it has dropped an advertisement in South Africa after an outcry from both Christians and Muslims for its portrayal of Jesus Christ.

South Africa's Muslim Judicial Council warned of consequences of "secular extremism" against any religious faith.

The television cartoon implies Jesus walked on water because he had been invigorated by a miraculous energy drink and knew where there were hidden rocks to tread on.

THE ASSOCIATED PRESS

Punks vs. Putin

Punk singers to remain in jail

A Russian court ordered two female punk rockers to remain in jail Wednesday for praying to the Virgin Mary to deliver the nation from Vladimir Putin at a surprise show.

Five members of the band Pussy Riot briefly seized the pulpit of Moscow's Christ the Savior Cathedral in late February to chant "Mother Mary, drive Putin away." THE ASSOCIATED PRESS



Deep sea recovery mission

Rescue workers and divers in Bangladesh on Wednesday pulled scores of bodies from the wreckage of a ferry that sank after being hit by an oil barge, as the death toll rose to 112. The packed Shariatpur 1 vessel, carrying about 200 passengers, capsized in the early hours of Tuesday morning after a collision with the barge in the Meghna river. STRDEL/GETTY IMAGES

metronews.ca
Thursday, March 15, 2012

NEWS 15

A juicy chicken filet — made in Prof. Fu-hung Hsieh's laboratory. UNIVERSITY OF MISSOURI

Lab-grown meat looks, feels, tastes like chicken

Food revolution.

Biological engineers have succeeded in creating edible meat from stem cells



ELISABETH BRAW Metro World News

"Let there be animals," said God, and He created chickens, cattle and fish. Actually, it's not God. It's Fu-hung Hsieh, professor of biological engineering at the University of Missouri.

Hsieh makes chicken. That's right: He creates chicken out of nothing — tasty filets that look, feel and taste like the real bird.

"Laboratory-grown meat needs to mimic the appearance and bite of natural meat," said Hsieh. "In the past, researchers haven't been able to recreate the appearance, so consumers wouldn't eat the artificial meat."

But even foodies would have a hard time telling natural chicken apart from Hsieh's new chicken. It's now being produced for use in restaurants.

Hsieh stands at the forefront of a global food revolution. Biological engineers in several countries have recently succeeded in creating edible meat that looks appealing. Earlier this year a Dutch researcher created the world's first laboratorygrown edible hamburger.

"We've made big steps in

How it works:

To create an artificial hamburger, steak, or chicken breast, scientists take stem cells from animals and grow them into a 3-D shape.

Then they grow the cells into muscle cells. As with natural muscle cells, the cultivated muscle cells "bulk up" into solid muscle bundles.

As soon as the muscle cells grow in size, it's important that the tissue is continuously supplied with

The scientists then create chain ducts, similar to blood veins. "The easiest meat to create is sausage," explains van der Schaft. "It doesn't have to look attractive like a steak."

creating laboratory-grown meat, but the result isn't something I'd eat at this moment," said Dr. Daisy van der Schaft, a biomedical engineer at Eindhoven University in the Netherlands. "Part of the problem is that the gel that binds the cells together contains animal-derived material and actually also material derived from mouse tumors."

Professor Hsieh and his team are now about to create turkey, beef and fish.

"That's very different from chicken," he said. "With fish, especially, you have the additional challenge of replicating many different colours."

If research continues to progress, supermarkets could sell lab meat within the next

Airline workers protest order

Air Canada union workers continued to protest outside government offices in Ottawa Wednesday, after federal politicians imposed an arbitration order that forces the airline to keep flying.

line to keep flying.

Bill C-33, which passed
Wednesday morning, covers about 8,600 mechanics,
baggage handlers and other
ground crew at Air Canada
and about 3,000 pilots.

Labour Minister Lisa Raitt had proposed the back-towork legislation on Monday, saying a work stoppage at Air Canada was something the country could not afford. The government had invoked closure on Tuesday afternoon, setting up the final vote in the House of Commons.

But the union representing the mechanics and other workers said Tuesday that the decision to impose arbitration on its talks with the airline eroded labour rights.

International Association

of Machinists and Aerospace Workers executive Daven Ritchie said the bill would 'poison labour relations across Canada."

Under the "final offer selection" arbitration process, the union and airline will put forward their best offer and an arbitrator will select one.

The bill now goes to the Senate, where the Conservatives are expected to use their majority for speedy passage.

THE CANDIAN PRESS





metre 16 NEWS metronews.ca Thursday, March 15, 2012

Sick, sick, sick. SPCA shocked after cat found frozen in a block of ice

Animal-cruelty officers in northern British Columbia are investigating a disturbing case of a frozen cat found in Dawson Creek Tuesday.

"It's a very sick action. I have deep concerns about the stability of anyone who would do this," said Marcie Moriarty, BC SPCA animal-cruelty investigator.

The cat was found frozen in a block of ice and placed atop a BC Hydro box in the Mile Zero Trailer Park at noon.

"The ice block ... was left just a stones throw away from where we found the corpse of a frozen dog in a very similar position and in a Tupperwarelike container in January last year," said Moriarty.

"The first time we weren't able to get any significant leads... We're hoping someone will step forward this time"

Before an autopsy can be conducted the cat must be thawed. Investigators believe there is blood also frozen in the ice block.

Other than the case of the frozen dog, "in my seven years, I haven't come across a case like this," Moriarty declared.

"The way that it was dropped off, this wasn't an accident, it was a deliberate act."

KYLA JONAS/METRO VANCOUVER

Surgery

Drug shortage hits hospitals

A drug shortage is worrying anesthesiologists across the country. They fear they won't have enough drugs for surgery or painkillers.

THE CANADIAN PRESS

Dominica

Quebecer dies on a cruise

A Quebec tourist has died after a snorkelling outing from a cruise ship, say police on the Caribbean island of Dominica. She was Yvette Prince, 61.

Tori wasn't young enough for Rafferty, court told



Warning: Graphic content. Killer of eight-year-old Woodstock, Ont., girl says boyfriend got upset after kidnap

Eight-year-old Victoria Stafford's killer continued her shocking testimony Wednesday — with a disturbing revelation about her accused boyfriend and the little girl's age

Terri-Lynne McClintic testified Michael Rafferty — who she alleged Tuesday had raped the little girl thought Tori was too old.

After she abducted Tori

McClintic's offer

"I would say it was all me, that he had more to lose than I did."

Terri-Lynne McClintic, testifying that she offered to take the fall for Michael Rafferty. outside a Woodstock, Ont., school, McClintic said, she brought her back to Rafferty's car. He got upset about her choice of a child, she told the court in London, Ont.

"He made a comment that she wasn't young enough," she said.

They drove off with Tori anyway, said McClintic, 21, and the girl kept asking if she could go home, promising not to tell on them.

McClintic is serving life after pleading guilty to first-degree murder in Tori's death. Rafferty has pleaded not guilty to first-degree murder, sexual assault causing bodily harm and kidnapping.

McClintic also testifed she told Rafferty she would "take the fall" for him.

McClintic testified: "I said that I would take the fall for everything."

She further told him, "he had a life, a job, things going for him and I was just, I really had nothing," court heard.

"I said don't worry about it, it's OK. It's OK. I'm just an 18-year-old junkie anyways." THE CANADIAN PRESS









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Proposed bill targets access to Viagra

Men's health. A U.S. senator has put forth a bill that would require men to undergo a medical exam before being prescribed drug

An Ohio state senator says she only wants to look out for men's health — the way men look out for women's — by introducing a bill that would require Viagra users to first get medical exams and affidavits of impotency from their partners.

"This isn't about restricting it," Democrat Nina Turner explained to the Toronto Star on Wednesday. "We are purely looking out for men's health and their well-being so they fully understand their options."

By men, she particularly

Looking out for men?

"The men in our lives generously devote time to fundamental female reproductive issues — the least we can do is return the favour."

U.S. Sen. Nina Turner

means the conservatives behind the sudden uproar about birth control and abortion in the United States.

"It is crucial that we take

the appropriate steps to shelter vulnerable men from the potential side effects of these drugs," said the Cleveland Democrat. "I see birth control,

abortion and Viagra as all part of reproductive health."

Bill 307 would require a man who wanted a prescription for erectile dysfunction to "have a long conversation with a sexual therapist to determine whether or not this is physical or mental," said Turner.

Republican state legislators have used options and risks as their rationale for restricting access to birth control and aboution TORSTAN NEWS SERVICE.





Protesters allowed to stay

Occupy New Haven activists Jillian Tupper, left, and Bernadette DeLuca of Hamden react to news they don't have to vacate their camp on the Green in New Haven, Conn., Wednesday. A federal judge in Bridgeport granted an injunction Wednesday that will allow protesters to stay until March 28 while they fight the city's order to leave.

IESSICA HILLTHE ASSOCIATED PRESS

Backlash. Principal resigns after anti-gay, anti-abortion assembly

The principal of an Iowa secondary school that allowed members of a Christian rock band to espouse their antigay, anti-abortion views while showing students images of fetuses that had apparently been aborted is resigning.

Mike Cooper, who oversees grades 7-12 at the school in Dunkerton, will tender his resignation Monday and remain on the job through the end of the school year, Dunkerton Superintendent Jim Stanton told the Waterloo-Cedar Falls Courier for a story published Tuesday.

Stanton said Cooper's decision is not related to Coop-

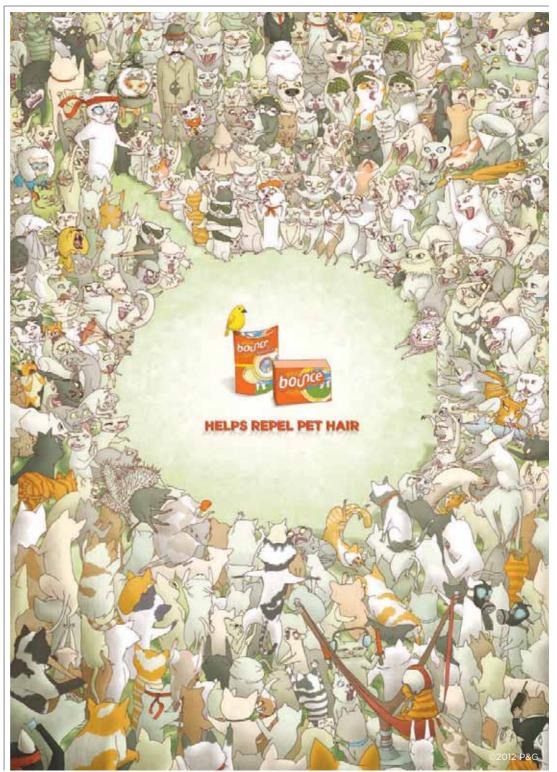
Preaching hate

"They told my daughter, the girls, that they were going to have mud on their wedding dresses if they weren't virgins."

Jennifer Littlefield, parent

er's recommendation that the district invite the band Junkyard Prophet to perform at last week's assembly, and said the plan had been "in the works" for nearly a month. "He simply wants to be a superintendent," he said.

THE ASSOCIATED PRESS



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Switzerland tour bus crash kills dozens

Death. Some 200 rescuers called to scene of accident after bus slams into concrete wall

A tourist bus slammed head-on into a concrete wall in a Swiss Alps tunnel, killing 28 people, mostly children returning from a ski vacation. Swiss police said Wednesday the vehicle was not speeding and everyone was wearing seat belts.

The bus was carrying students about age 12 from two different Belgian schools when it crashed shortly after 9 p.m. Tuesday night on a highway near the southern town of Sierre, Switzerland.

The horrific accident in the short Tunnel de Geronde left the front of the bus mangled, trapping people inside. Twentytwo school children and six adults including the driver were killed and another 24 children were hospitalized in what the police chief described as a



"scene like a war."

Belgium flew anxious parents and relatives to the site and called for a day of mourning.

Authorities were still trying to work out how a modern bus, a rested driver and a safe tunnel could add up to such a tragedy. A Swiss prosecutor said video cameras in the tunnel captured the accident. Olivier Elsig, prosecutor for the canton of Valais, told reporters the children on the bus were wearing seat belts, no other vehicle was involved and it was not speeding

Speaking at a news conference Wednesday in Sion, the capital of Valais, he said investigators were looking at three possible causes for the crash—a technical problem with the bus, a health problem with the driver, or human error.

THE ASSOCIATED PRESS

Earthquake. Japan hit by tremors days after tsunami anniversary

A series of earthquakes rattled Tokyo and northeastern Japan on Wednesday evening but caused no apparent damage or injury in the same region hit by last year's devastating tsunami.

The strongest was a magnitude-6.8 that struck off Hokkaido island and generated a small sunami. Some communities along the northern Pacific coast advised residents to evacuate coastal homes.

A swelling of 20 centimetres was observed in water at the port of Hachinohe in Aomori about an hour after the tremor, with smaller changes seen elsewhere. The Meteorological Agency lifted all tsunami advisories within about 90 minutes.

About 9 p.m. local time, a magnitude-6.1 quake shook buildings in the capital. It was centred just off the coast of Chiba, east of Tokyo, at a rather shallow 15 kilometres deep.

Narita International Air-

Narita International Airport briefly closed runways for inspection but later resumed operation. Several local train services were suspended for safety checks.

There were no abnormalities reported at nuclear power plants after the two earth-



THE ASSOCIATED PRESS

quakes, operators said. Nearly all of Japan's nuclear plants are

Ofunatp, Japan.

offline for safety inspections.

This past Sunday, Japan marked the first anniversary of the massive magnitude-9.0 earthquake and tsunami that left some 19,000 people dead or missing, wreaked widespread damage along the northeastern coast and triggered the worst nuclear accident since Chornobyl. Rebuilding has yet to fully begin in many coastal communities.



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Market Moment



DOLLAR 100.7 ¢ US (-0.39¢)

TSX 12,377.9 (-159.8)

OIL \$105.43 US (-\$1.28)

GOLD \$1,642.10 US (-\$51.30)

Natural gas: \$2.284 US (-1.5¢) **Dow Jones:** 13,194.1 (+16.42)

Northern boom

North set for future growth

The Conference Board says a global commodities boom is igniting a fire under Canada's three northern territories.

Real gross domestic product growth will collectively top seven per cent in both 2012 and 2013, more than three times the national average.

THE CANADIAN PRESS

Mobile advertising

More ads coming to smartphones

As more Canadians flock to smartphones, advertisers will inevitably follow suit, while trying to figure out how not to be too intrusive.

A recent report from Comscore estimates that as of December 2011, 45 per cent of mobile phones in Canada are smartphones — up from 33 per cent last March. THE CANADIAN PRESS



Succession plan

Investors seek Berkshire disclosure

A group of Berkshire Hathaway investors from the AFL-CIO wants to require the company to reveal Warren Buffett's successor.

The union wants to require the company to disclose a written succession plan that includes the criteria for the next chief executive.

THE ASSOCIATED PRESS

Wireless market. Foreign investment restrictions lifted for telecom firms

Ottawa moved Wednesday to level the wireless playing field by placing limits on the coming wireless spectrum auction and lifting foreign-investment limits on small telecom firms in an effort to boost competition.

Industry Minister Christian Paradis says the new measures will allow new wireless carriers into the market and foster greater competition in the telecom industry after the auction expected next year.

"This is the bottom line here: we have the three incum-

bents. We want to have a fourth player," Pardis said.

Canada's wireless market is dominated by Telus, Rogers and Bell. The changes to the auction rules will let at least four companies obtain spectrum in each of Canada's 14 licence areas, effectively making one block available for one of the smaller players.

As well, companies with less than 10 per cent of the telecom market will no longer have restrictions on foreign investment. THE CANADIAN PRESS



Wall Street. Goldman Sachs exec resigns with scathing NYT op-ed

An executive director at investment giant Goldman Sachs resigned Wednesday by way of a scathing op-ed in the New York Times, decrying a work environment he described as "toxic and destructive" and where employees systematically try to come up with ways to fleece their clients.

Greg Smith's editorial firebomb is certain to renew debate in the United States about how much Wall Street has truly changed following the widespread financial



meltdown four years ago.

THE ASSOCIATED PRESS

Phone hacking

Murdoch's son admits negligence, but says he didn't lie

News Corp. executive James Murdoch has acknowledged that he could have done more to get to grips with the phone hacking scandal that has rocked Britain and threatened his place as the likely heir to his father's global media empire.

Murdoch's admission came Wednesday in a sevenpage letter written to British parliamentarians investigating the scandal. In it, the 39-year-old repeated his insistence that he didn't know the extent of the illegal behaviour at his now-defunct News of the World tabloid newspaper. THE ASSOCIATED PRESS

Vehicle sales on the rise

Canadian sales of new cars and trucks opened the year on a resoundingly positive note, but may have fallen off last month, Statistics Canada suggested Wednesday.

The federal agency — which collects data on monthly retail sales in dollars and in units of new vehicles sold in Canada — found a 15.4 per cent rise in vehicles sold in January to 153,623 units from 133,146 units sold in December.

The data indicates sale

rose at the fastest pace in more than 15 years in January, economist Robert Kavcic said Wednesday in a report by BMO Economics

Economics.

And while sales are likely to dip in the short term, the industry is headed in the right direction, he said.

"January's growth was largely the result of inventories becoming available after the auto-sector supply chain was disrupted last year," he said. THE CANADIAN PRESS



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PUTTING THE CLUB BACK IN SEAL CLUBBING



As "pop" "super" "star" Ke\$ha throws her weight (90 pounds) behind the fight against the Atlantic Canadian seal hunt, the question must be asked: Who spoke for the seals before pop culture sucked?

Every year there's some sortof celebrity who clubs us over the head with the message that Newfoundlanders and Maritimers are barbarians for taking part in a tightly controlled hunt of sea mammals (horrors!).

There's been Pamela Anderson, MacGyver, an America's Top Model host, and generally just a cavalcade of Z-listers who need

What the \$#%!

And this year there's Ke\$ha, trying to \$ave the \$eals, despite an apparent shortage of funds which keeps her from replacing the S on her keyboard.

something to do now that there's no such thing as Holly

wood Squares. You can make an argument that Paul McCartney has been the exception, but a) he spoke out because of his wife/master Heather Mills (who could pay the sealers' wages with her alimony) and b) McCartney wrote Simply Having a Wonderful Christmastime, which is the sonic equivalent of a seal being strangled.

And this year there's Ke\$ha trying to \$ave the \$eals despite an apparent shortage of funds that keeps her from replacing the S on her keyboard. The irony in this case being that her music can kill surrounding animal and plant life at 100 paces.

All celebrity-bashing aside, there are only a couple of reasons why people care about the seal hunt.

First and foremost, seals are so cute they're basically children's toys with intestines. The acceptability of animal slaughter is based entirely on how adorable a species is. That's why you never see a supermodel on the ice floes promoting the Save the Flounder foundation.

The second reason is that seals are killed for one brief period each year, which by definition makes it news. No media outlet covers the bloody slaughter of cows, chicken and sheep because it's 365, 24-7, and budgets these days don't allow that kind of indepth reporting.

I feel particularly bad for the cow. It's dopey-looking and is killed by the tens of millions. That's why many celebrities have posed for those Got Milk? ads. Think about that. Famous people pose with the food made for the cows' children smeared on their face, all with a big smile. Barbarians.

If you're a vegetarian, cool, add the seal hunt to the list of things that offend your sensibilities. But if you like steak, chicken or lobster, then you're a hypocrite, and possibly a big, fat one. I just looked it up, and Ke\$ha is a vegetarian, so I guess she's

off the hook. The seal hunt is a heated discussion, but I'm always up for differing, honestly held opinions.
I call a truce, Ke\$ha. If we're ever in Newfoundland at the

same time, let's go clubbing



Hotdog diplomacy



GETTY IMAGES

Home-court advantage

U.S. and U.K. bond over hotdogs

DAYTON, OHIO. U.S. President Barack Obama and British Prime Minister David Cameron take a break with hotdogs at a college basketball game.

Cameron and wife, Samantha, are on a threeday visit to the United States. A "sports-fan-inchief," Obama has his own basketball court in the White House premises

"It's fast, it's pretty fast and furious. It's hard to follow sometimes exactly who's done what wrong."

David CameronOn the basketball game he attended.

Point guard

"David Cameron is going to teach me the rules of cricket."

Barack Obama

After Cameron admitted Obama had to explain the rules of basketball.

Three-pointer

Their wives promote health

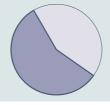
HEALTH. While the president and prime minister were busy scarfing down unhealthy food, their respective wives - Michelle Obama and Samantha Cameron — attended an Olympics-themed event in Washing-ton, D.C., for kids to highlight the London 2012 Games and Mrs. Obama's anti-obesity campaign. MWN



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Do introverts need to act like extroverts to get ahead in the workplace?

57% YES. IF YOU DON'T SPEAK UP YOU WON'T BE NOTICED



43% NO. GOOD WORK SPEAKS MOUTHS

@mreidyyc:

Hopeful be golfing in #yyc by months end...is that asking too much? #hittinthelinksinmarch

@CalgaryFringe:

It needs to be said: Hello early #yyc spring! You are SUCH a flirt. Let's make out.

@TheIdeaFoundry:

Although I secretly miss the rain... guess I didn't notice daylight savings time quite as much in #yvr as I here do in #vvc.

@gamergod:

at waves coffeehouse in #yyc for a cool meeting, #chai #latte is one of the best here

@AreSiewer:

Who wants to bet that in a few months we'll be hearing about this friggin Luck story as a reason to cancel the rodeo & chucks? #yyc

@MsNeonTvra:

Seems like a lot of us #yyc gals had a date scheduled for tonight. Also seems like quite a few of us had to cancel:c(#sick

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24 SCENE metronews.ca Thursdaw. March 15, 2012

Charles Lawson talks about his decade on 'the street'

Memory lane.

Cast members of Coronation Street to share tales of their experiences at a fan gathering this weekend



sleeve.

BACKSTAGE PASS Lisa Wilton calgary@metronews.

After playing fiery Jim Mc-Donald on Coronation Street for more than a decade, you'd expect Charles Lawson would

In fact the Irish actor has so many anecdotes he's unable to come up with one off the top of his head

have a million stories up his

the top of his head.
"There's too many," he says apologetically, down the line from his Toronto hotel room

Lawson is in Ontario to kick off the Tales From The Street cross-country tour, which also features former Corrie stars Julia Haworth (Claire Peacock), Steven Arnold (Ashley Peacock) and Nicholas Cochrane (Andy Mc-Donald.)

The actors will discuss their time on the popular British soap opera (shown weeknights on CBC) and answer audience questions during the 90-minute event, which stops in at the Knox United Church on Sunday

United Church on Sunday. "I'm sure by the end of the

Details

- Tales from the Street. Takes place Sunday, March 18 at the Knox United Church.
- For more information. Call 1-855-777-7469 or go to talesfromthestreet.biz

tour I'll know these stories by heart again," Lawson says. While Coronation Street

While Coronation Street fans on this side of the pond may only recognize Lawson from his role as the violent-tempered husband of former pub landlady Liz McDonald, he has worked in film and theatre in the U.K. for three decades.

"Coronation Street is something I'm very proud of," he says.

"But it was in the middle of a 34-year career." Lawson left the show in

Lawson left the show in 2000, but has made cameo appearances almost every year since. His character is currently serving seven years behind bars for bank robbery.

Lawson admits he doesn't watch Coronation Street these days, mostly because he's far too busy.

Not only has Lawson been working regularly in radio dramas, he's had his hands full with the farm shop he opened in 2010 in the small town of Prestbury, near Manchester.

"It's just on the wrong time of the evening for me," he explains.

"I'm either setting up the shop or I'm in the pub."





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metr⊕ 26 SCENE metronews.ca Thursday, March 15, 2012

Brothers with the pen and the lens

Q&A. Metro chats with one half of the creative team behind new film Jeff, Who Lives at Home



NED EHRBAR MWN Hollywood

Filmmaker brothers Jay and Mark Duplass do everything together — write, direct, conduct interviews. So we took it as a rare treat when, due to a scheduling conflict, we got to interview Jay on his own for their new film, Jeff, Who Lives at Home.

But if you're looking for simmering sibling tensions, don't get your hopes up. The quieter Duplass Brother passed on the opportunity to badmouth Mark.

Where did the story for this film come from?

We actually wrote a short film in 2003. It wasn't titled anything, we just wrote a very short film about this character and it was about him in his basement apartment. It was inspired by the character, someone who is totally obsessed with the concept of destiny, their place in the world, their connection to their destiny, signs leading from one place to the next — potentially smoking marijuana.

And the concept was that we would take this person and thrust them in the world. And actually make them interact with the real world and some point and hopefully it would be funny.

It is funny, but it's also a

very realistic, dramatic film. Now that we have made a few films, we're realizing that a lot of times what we do is we start in on the comedic side of things — and I think that's how we experience characters like Jeff in our own life. You see a guy like Jeff at the supermarket, you're probably going to tap your spouse and giggle about the guy who is smelling the fruit a little too long.

But you get to know this person — they have dreams, they have hopes and they probably have a dark side. They probably have a really dark side if they are in that



position where they're smelling fruit for too long, you know?

Where do you get the ideas for your filmsusually?

Mark and I have always sat in airports and in our apartments and told each other stories about these really embarrassing, cringe-worthy things that we've done in our relationships or that some friends of ours has done, and we'll be like, "Oh, that's awful."

It's very dramatic. And then we'll start giggling about it. And I now know that that's what we're doing in our movies. We're relating insanely specific and realistic things that happen between people and cringing about it and giggling about after. It's obvious now that that's what Mark and I have uniquely to offer the world, but that was such a painful, long-term process of find-

ing that. We are terrified of looking out and looking at other filmmakers. We are completely focused on just staying within ourselves and staying within our peer group.

You've been brothers your whole lives, but when did you start creating together?

We've been creating together since Mark was born. We just grew up in a very creative family. We're just kind of from a middle-class New Orleans family, and my dad's a lawyer, my mom took care of us and now she does retail.

But when we were growing up, we baked, we made stained glass out of plastic Mardi Gras beads — and probably contaminated ourselves the whole way through. We did make movies with the giant VCR with the VTR attached, the separate unit. I would carry the camera and Mark would have to lug the VTR. We were in bands together.

So we've always made things and we've always functioned as a unit. You have to put credits up there, but Mark and I just make stuff.

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Judd says prepping for the show's energetic fight scenes involved little more than a few weeks of yoga.

"I have some background



Television. Ashley Judd returns to the small screen in Missing

IAN JOHNSTON

Ashley Judd says the decision to return to TV with the spy drama Missing didn't come

easily.
"There was a lot of hesitation. I was really torn right up until I decided to do it,' says Judd, who is best known for such big screen movies as Kiss The Girls and Double

Jeopardy.

"But part of what attracted me to this project was the premise — which was very simple and compelling. I'm a mother looking for her missing child."

Which is true. To a point. In Missing, Judd does indeed play Rebecca Winstone, a middle-aged widow who is horrified when her son goes missing while vacationing in Europe.

But when the authorities prove no help, Winstone heads to Europe, where she quickly reveals her past life as a CIA operative who can kick some serious butt when

things turns deadly.
"I only get back involved with the CIA so I can find my son. But to my great dismay, I start to get pulled back into

that old life."

Missing is also something of an international production with episodes set in such exotic locales like Rome, Paris, Dubrovnik, and Istanbul. The international cast includes Sean Bean, Keith Carradine, and Canada's Lothaire Bluteau . "We didn't shoot in

Burbank. There's very little green screen and minimal interiors," says Judd, who last graced the small screen in the early 1990s with Sisters.

"The whole point is that we're taking North Americans on this great European adventure and making TV for

laughs Besides acting, Judd has devoted a lot of her time in recent years to furthering her education. She recently completed a Masters in

in it. And I had an amazing

fight choreographer. For whatever reason, I'm good at it. I'm a natural. I like it," she Public Administration at

"It's really fun to go back as a grownup with life experience and to look through the course catalogue and think — what do I really want to learn and study?"

Missing premieres Thursday on CTV.



Case closed ... Gillian Anderson admits to having lesbian affair

X-Files star Gillian Anderson confirms to Out magazine that she's no stranger to same-sex romance.

"I was in a relationship with a girl for a long time when I was in high school," the 43-year-old actress says, adding that she had addition-

al flings with other women. "You know, I'm old enough that I can talk about that." Anderson acknowledges that the dalliances might have had a bigger impact on her had they played a bigger role in her romantic life.

"If I had thought I was 100 per cent gay, would it have been a different experience for me?" she wonders.

"It's possible that my attitude around it came, on some level, from knowing that I still liked boys.'



Lawrence tried to squash beef before it became an issue

Jennifer Lawrence isn't in a hurry to make any enemies in Hollywood, so when a tabloid story suggested she was feuding with Twilight star Kristen Stewart, the Hunger Games star did everything she could to quash it before it kicked off.

"There were all these like, fake quotes from me that were actually hilarious. Some of them were from my 'pal' and 'sources,'" Lawrence tells Access Hollywood.

"Then I was like, 'Oh my God. If she reads this, what if she thinks it's true?' I just shot her an email, and was like, 'Hey, can't wait to see more as this feud unfolds!"

Stewart, no stranger to being tabloid fodder, took it

"She wrote me back," says Lawrence. "She was like, 'It's fine. Welcome to the world where everything you say gets turned into (something it's not).' So, she understood."



METRO DISH

LiLo watch



Lohan could see a hit and run charge



WORD scene@metronews.ca

It's been, what? A hot minute since Lindsay Lohan hasn't been in trouble with the law?

Her days-long winning streak is seemingly coming to an end after allegedly hitting a man with her brand new black Porsche and fleeing the scene in Hollywood late Tuesday night, according to TM7

Lohan was reportedly trying to execute

a three-point turn and avoid paparazzi while leaving a nightclub when her car made contact with the manager of a nearby hookah lounge.

The manager, whose knee was supposedly grazed, initially said he was fine and didn't need medical attention, according to paparazzi on the scene. But when he was informed that Lohan was behind the wheel, he reportedly began complaining about being injured.

The man was taken to the emergency room and is said to be considering hiring a lawyer and pressing charges.

Police sources tell the website that they will open a hit-and-run investigation if the man decides to press charges.



Tell-all book could net Perry a multi-million dollar payday

Katy Perry has reportedly been flooded with offers to write a tell-all book about her divorce from Russell Brand, with one publisher offering \$3.1 million for the story, according to the Sun.

There's no word on whether she's considering the offer, but some speculate that her

recent silence seems suspect. "When everything was go-

ing well, Katy couldn't stop talking about him," a source

notes.

"Since the split, neither of them have said anything keeping the price of a deal high.



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Forget about arguing when life begins. First, let's find 2 people who agree on when the sex actually









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30 STYLE metronews.ca Thursday, March 15, 2012

The fresh, the future and the forget it of fashion

Four weeks later.

We attempt to make sense of a chaotic month of catwalks

KENYA HUNT

Metro World News in London

NOW

The decorated waist

Inhale and hold. The waist was a major focal point for the fall shows.

the fall shows.

Burberry Prorsum highlighted it with little bows, Etro played it up with horsey harnesses and peplums, while Fendi and Acne cinched it with wide, sculpting belts. This is probably the easiest idea to adopt now. Simply grab a ribbon and tie it around any one of spring's trendy, lady-like dresses.

Clothes you can breathe in

Despite all the nipped and cinched waists we've seen all month, there was also an overall no-squeezing-required easiness to a lot of the clothes designers showed for fall.

Basically, you don't have to have the perfect body to pull them off.

Think relaxed and slouchy trousers (as seen at Balenciaga, Dries van Noten and Proenza Schouler, to name a few) and skirts that are forgivingly full and knee length (Marc Jacobs, Rodarte and Rochas are good examples).

So go ahead and eat the bun that came with that hamburger.

NEXT FALL

Dark and moody

The darker the colour, the more on-trend you'll be next fall. Burgundy, oxblood and purple were the colours of the season in New York and London showing up everywhere from Diane von Furstenberg to Jason Wu to Christopher Kane.

Christopher Kane.
And black dominated
Milan and Paris — just look
at Gucci, Alberta Ferretti,
Roberto Cavalli, Givenchy
and Yves Saint Laurent for
proof. You get extra points
if you go dark from head

Huge problem

"Steer clear of any garment that looks like it could eat you for lunch or take up its own seat on the subway unless you are a fashionista with the most advanced degree."

Kenya Hunt, Metro World News

to toe à la Rooney Mara, the most referenced girl of the month. But we suggest holding off until September before you start rocking this look. The Girl With the Dragon Tattoo goth thing can get a little hot and sweaty in spring.

Look-at-me outerwear

Technically, every autumn/ winter show is an outerwear show. Coats and jackets are one of those items that women rarely skimp on, so designers like to give plenty to choose from here.

That said, the outerwear reached new heights when it comes to fabric innovation and embellishment—that's a good thing when you consider that the winter coat is the only thing a person really sees on the street in winter.

street in winter.
Our votes for season's best goes to Prada (decorative and ornamental), Alexander Wang (slick, sleek and urban) and Jil Sander (soft, chic and romantic).

NEVER

Anything that appears to swallow you whole

Outsize coats and dresses are having a moment again thanks to Marc Jacobs and Comme des Garçcons. But word to the wise: steer clear of any garment that looks like it could eat you for lunch or take up its own seat on the subway unless you are a fashionista with the most advanced degree.

Animals appearing 2D and 3D on clothing

Jeremy Scott attached a giant white unicorn to a black evening dress. And jean-Charles de Castelbajac affixed life-size toucan heads to the shoulders of tweed suits. But unless your name is Lady Gaga, neither of these looks will go over well in the day-to-day.



Music à la mode

If the clothes could sing

When soundtracks go right

The playlist for Raf Simons' last Jil Sander show included The Smashing Pumpkins Tonight, Mazzy Star's Fade Into You, and Sonic Youth's cover of Superstar. It was poignant and slightly melancholic, helping to get the audience appropriately choked up for Simons's final bow.

And when they go wrong

Sportmax showed a solid, polished collection. But that's not what everyone was talking about after the show. That would actually be the soundtrack, which was randomly filled with the raunchiest hip hop club bangers including The Ying Yang Twins's notoriously pervy Whisper Song.

The Azealia vs. Lana sing-off

It was the month of Azealia Banks's 212 and Lana del Rey's Video Games with their music popping up at Unique, Blugirl, Etro, Tracy Reese, the list goes on. That said, maybe it's time for these ladies to drop a new single?









Style file

Five more

ubiquitous

Asian-inspired prints

Men's wear for women

Exotic textures

1 Military

Best dressed of fashion month

Anna dello who? Meet the new crop of ladies who kept the street style photographers happy.

KENYA HUNT



Oroma Elewa, editor of Pop'Africana



Lauren Smith,



Anouki Areshidze, designer and blogger



1 4113

Elisa Nalin, stylist



Anya Ziourova, fashion director of

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@Jeanne_Beker: Celebrating a big birthday next week + reflecting on what life's taught me thus far. What's the most important life lesson YOU ever learned?

@dnclaxton

"don't worry about the things you never got to say" my Dad

@gretconstantine

LIFE LESSON LEARNED: don't just believe in yourself, you MUST also believe in others! Kirk of Greta Constantine

@RogersShelagh

hi, babe. Most important life lesson? "the ass will not kick itself" is right up there!

@Kabdancer

"in three words I can sum up everything I learned about life, it goes on" Robert Frost

@wearthosedeals

Don't wait too long for those dreams...u never know, take risks.

@ElyseSimpson

No matter how many other positive or negative things come w/ it enjoy and embrace what you do and how you do it



Here's another EDIT dress for @hudsons bayco ad campaign... Can't wait to wear it on vacation!

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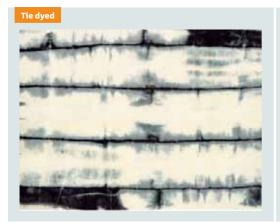
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metronews.ca
Thursday, March 15, 2012









We've got your floors covered: Artful and affordable area rugs

Decor ideas. Rugs are all the rage and can make a room pop— why not unroll a little art under your feet?



DESIGN CENTRE Karl Lohnes home@metronews.ca

Area rugs not only add a decorative touch to a room but can also bring furniture together in open concept spaces, protect hardwood floors from pets and children, muffle noise and be soft underfoot for comfort.

The trend of the handspun, hand-dyed rug that celebrates the contemporary craftsman is all the rage in rugs; and not only in the upper price range where most of the big trends usually start. Similar to how a special

painting or sculpture will contribute to a room, a unique area rug will bring style and personality in a simple space.
Here's a look at some

Here's a look at some of the fantastic and affordable area rugs following the handmade trends.

Tie-dye

Dyeing old carpets with saturated colour has been a popular way to renew the look of outdated rugs for a few years now. Black, white and grey neutrals are on trend for this season and CB2's hand tufted wool carpet goes through a 36-step process to achieve the groovy tie-dyed effect. Tie-Dye Rug, \$299/five-by-eight feet, CB2 (see above).

Exotic finds

There's no need to travel halfway around the world to an exotic country in hopes of bringing back a souvenir rug. Known as 'rag-rugs' in Morocco, Boucherouite rugs are handcrafted from scraps of yarn for a one of a kind, exotic look and imported to North America. Hand woven from cotton and wool in classic Moroccan patterns. Found Moroccan Boucher-

ouite Rug, \$470/ four-by-seven feet, West Elm (see left).

Thick and tufted

Not since the all-wool Chinese tufted carpet have we seen artful rugs so thick and comfortable underfoot. Clean lines and simplicity makes the three-quarterinch thick Chelsea Blue Hearts rug durable and elegant. All wool with shimmering viscose accents helps to give a luxe appeal while absorbing noise and sound in style. Blue Hearts Chelsea Rug, \$299/five-by-eight feet, HomeSav.com (see above).

Modern medallion

It's easy to find a fussy Persian-style rug with the medallion pattern but usually they are outdated in their look and colour. Grey is the colour of the season with simple exotic henna medallion motifs on 100 per cent New Zealand wool gives a modern spirit to an old idea. Korhani Medallion Rug, \$900/ five-by-eight feet, Sears (see above).



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Considering a water feature? Think small

Backyard gardener.

Small water features are easier to maintain for the average person who likes to putter

Water features can bring interest, beauty and wildlife to a garden, but they also can be work.

That's why many homeowners are choosing relatively small options such as fountains, bubbling urns and waterfalls, rather than ponds and streams, indus-

try analysts say.

"A big backyard pond takes a lot of time to clean," said Laura Dickinson, extension master gardener coordinator at Kansas State University.

"You have to fight with the critters, keep the water in balance and prevent algae from building up. You have to do special things in winter to shut it down and again in spring to set it up.

"It can get pretty expensive if you want to hire all that done," Dickinson said.

Sharon Coates, vice-president of Zaretsky and Associates Inc., a landscape design and consulting firm in Macedon, N.Y., said many of her clients are forgoing water features "because water features of the perception of high maintenance.

The biggest problems, she said, arise from unforeseen circumstances.

These can be caused by chipmunks or other animals nesting and chewing on the liner, or even by herons deciding to go fishing in your pond," Coates said.

"Bubbling urns or boulder water features have a below-grade plastic composite basin that is not easily damaged."

Accessorize small water

SUBURBAN

features with plants gener-

Groundcover plants (Tesselaar water-wise carpet roses, for instance), bulbs (Siberian iris) and grasses (Black Mondo or Blue Fescue) also enhance fountains and bubbling urns.

"I do genuinely love to

Schmidt said. "When constructed with some shallow areas around the edges, they provide great benefits to wildlife — birds and amphibians — and they're just plain beautiful.

"But most of my land-scape design clients are interested in doing as little maintenance as possible in their gardens, and a fountain can provide many of the benefits at a lower cost and with less ongoing care." THE ASSOCIATED PRESS

A waterfall cascading into a pond may look beautiful, but it's lots of work

ally found near ponds. That would include lotuses, lilies (Tropicanna cannas), bog plants and other moistureloving perennials and an-

see a pond in the garden,"

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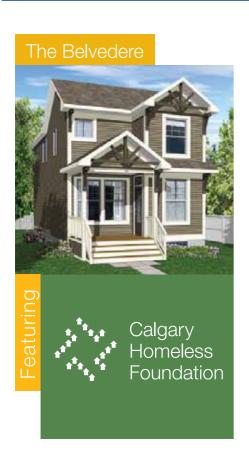
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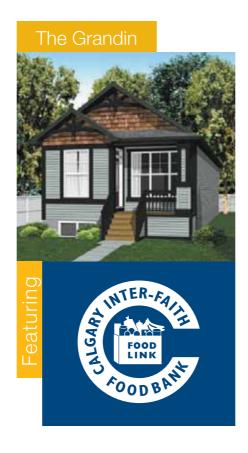
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Stripped down style isn't just for bachelors and serial killers

Utilitarian decor.

More of us are embracing this style of decor for its cléan simplicity. It's all about being understated.

RICHARD PECKETT

The utilitarian look doesn't have to resemble a vacant factory floor. We spoke to designer Adrienne Chinn about making hard-edged feel homely.

Putting your interior faith in the utilitarian look has a similar ring to that of joining a particularly strict religious sect. In other words, it sounds spartan, clinical and practical, with little room for creative expression and individualism.

Of course, that's not the case, it being an increasingly popular trend among urbanites. The reason for peoples' conversion to the pared-down look is "because more people are buying properties in buildings that were once warehouses, pubs or other commercial spaces — the style works well in large, open spaces with an industrial feel.' explains Chinn.

No cost to comfort

You might be going for a lo-fi style but that doesn't mean your apartment has to be the interior equivalent of a hair shirt. "It's important to incorporate comfort into a utilitarian style," says the design director of Adrienne Chinn Design. "Put up custom-sized industrial landscape wall coverings next to brick walls or concrete flooring for some graphic color. Dress large windows with some full-length silk curtains. The trick is to add tactile comfort with a utilitarian edge in the design."

Streamline with lines

Meticulously spic-and-span flats can read a little obsessive-compulsive, but the interiors expert sees it differently. "It's a clutterfree, edgy and modern look. Build in handle-less cupboards to stow away your stuff or bring in locker-style cupboards for a streetwise element," says Chinn. She adds, "It's perfect for the bachelor, the couple, or for a young family (lots of room to run around the flat). I've even known a couple regularly roller-skate around their industrial space.'

Low-stress living You don't have to be the fastidious type either, claims Chinn, aside from keeping your place tidy: "Floors are nor-mally wood, tile, concrete or poured resin, which are easy to keep clean. However it's important to include area rugs to soften the edges of the look."

Old meets new

Just because you live in a period property doesn't mean that your decor has to remain a relic of the past. The expert says, "You can bring elements of the utilitarian look into older properties. Streamlined sectional sofas and modern lighting look great with an old Persian carpet, modern art against a white wall and original architectural features like fireplaces and cornices all juxtapose superbly. It's all a matter of bal-

There's absolutely no need for a stripped-down style to appear bland.

Be original, baby. "Layering textures, such as leather and chrome furniture with long silk curtains, textural or graphic feature walls, will give your space some style clout," describes Chinn. "Mix edgy items with some distressed older pieces like modern dining chairs around a rustic farmhouse table." After all, it's the unexpected details that keep style original.

Let there be light

Industrial looks tend to evoke darkness and a masculine harshness, so it's important to flood the room with light as the designer reveals. "Good light, both natural and electric is vital for the look to work. Try adding decorative accent lighting along with hidden lighting to keep the room feeling airy and not oppressive.'



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to cottage country



Ceramics make a pretty lovely comeback

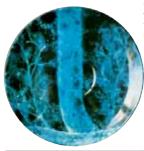
Pottery arts. One-of-akind ceramics can add colour and interest to your home – just don't bring them to a Greek wedding party

Ceramics are always a great supporting player on the home decor stage, but this season they're grabbing more of the spotlight.

Today's ceramists are exploring creative textures and finishes, and even the mass market is offering exciting new examples of the pottery arts. From velvety soft lacy tea light holders to chunky, colourful platters, there's something for everyone.

You can choose to feature pottery prominently or enlist it as punctuation to other colours and textures in your room.

A piece with lots of pattern punch can be a conversation starter, whether it was created half a world away by a village artisan or right in your own hometown.



Susan Dwyer, a sculpture major at an art school in Chicago, was inspired by the clean, minimal lines of the city's industrial landscape to create a cool series of vessels evoking factory buildings, water towers and silos. All hand-formed, each piece has a unique organic look that is at odds with, yet complementary to, the manufactured structure it represents.

Amy Adams, the brains behind Brooklyn-based Perch studio, has designed a clever series of stacking cups with stenciled rosettes, flowers, garlands or triangles. Available in black and white or turquoise and white, these have a nice folk-arty look and would be versatile little repositories for drinks, flowers or trinkets.

One of the masters of ceramic art, Jonathan Adler, showed his Carnaby collection at the recent New York International Gift Fair. Pieces include the Waves tray and Acid lamp, featuring groovy '70s-inspired graphics.

But Adler also has done a lovely group of naturethemed pottery pieces for which he threw the prototype and Peruvian artisans created the finished product. Motifs include leaves, seed pods and barnacles.

A plate from Leah Piepgras's series shows a human esophagus. The collection depicts the journey of food through our bodies, from mouth to final destination, in hand dishes. Leah PIEPGRAS/



West Elm has Maria Moyer's pretty pierced tea light holders and stunning white orbed vases, which look as if they were born in some far-off galaxy. A percentage of sales of her pieces benefit Oceana, a non-profit marine conservation group. John Newdigate's fun blue-and-white-fish painted platters and fish-shaped serveware have a Japanese vibe.

have a Japanese vibe.

Boston artist Leah
Piepgras may have created

the ultimate ceramic conversation piece, however. At the New York fair, her Consumption series of porcelain plates was shown at the Model Citizens booth. For a limited edition produced by Pickard China, Piepgras uses anatomical illustrations to draw each stage of the digestive tract from mouth (the tea cup) to, well, the end of the line for food we eat (the dessert plate).

A result of her keen interest in the body and brain, Piepgras says her "map" is "a reminder of the processes that are taking place within you while you're eating, promoting an exercise in mindfulness."

Rendered in a blue-black palette that's less realistic than flesh tones, the plates are beautifully odd. At \$750 a set, this would perhaps be better suited to display than dinner. THE ASSOCIATED PRESS

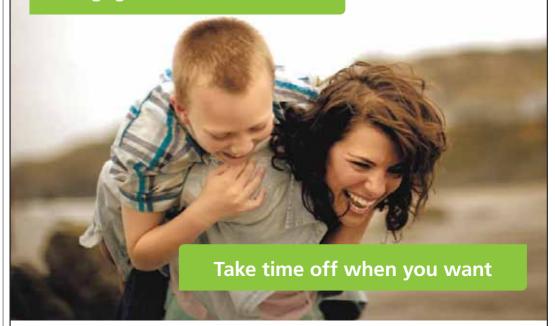
Accent pieces

Ceramics can help tie a space together, picking up elements — a knitted motif or a colour, say — that appear in artwork, throw pillows or rugs elsewhere in the room.

Feeling non-committal?
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metre 38 FOOD metronews.ca Thursday, March 15, 2012

A dash of creativity results in delicious – and healthy – eats

Ingredients

4 portions Preparations: 15 minutes Cooking time: 20 minutes

- 125 ml (1/2 cup) fresh whole-wheat bread crumbs
- 50 ml (1/4 cup) shelled pistachios, finely chopped
- 2 cloves garlic, minced
- 1 ml (1/4 tsp) freshly ground
- black pepper • 1 egg white
- 15 ml (1 tbsp) Dijon mustard
- 4 small white fish fillets (about 500 g/1 lb)
- 10 ml (2 tsp) canola oil

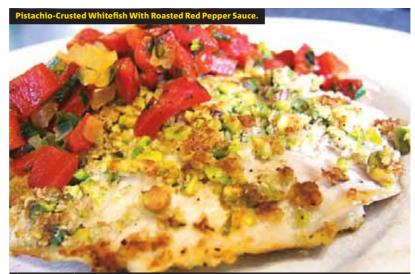
Chunky Roasted Red Pepper Sauce

- 5 ml (1 tsp) canola oil
- Half small onion, finely diced
 30 ml (2 tbsp) chopped fresh flat-leaf parsley
- 1 jar (340 ml/12 oz) roasted red peppers, drained and diced
- •125 ml (1/2 cup) sodium reduced chicken broth
- 15 ml (1 tbsp) liquid honey

Fish. If you think healthy eating only consists of bland salads, think again. This recipe boasts a tasty pepper sauce

The soft meatiness of colourful pistachios contrasts with the crisp garlic crust of the fish. Choose catfish, tilapia, haddock or cod fillets.

- In a shallow dish, combine bread crumbs, pistachios, garlic and pepper.
- In another shallow dish, whisk together egg white and mustard. Coat fish fillets with mustard mixture and coat in bread crumb mixture.
- In a large ovenproof nonstick skillet, heat 10 ml (2 tsp) oil; cook fish on mediumhigh heat for 2 minutes. Turn over and place in a 220 C (425 F) oven for about 8 minutes or until fish flakes when tested



This recipe serves four. The Canadian Press H/

with a fork.

Meanwhile, in a small non-stick skillet or saucepan, heat 5 ml (1 tsp) oil over medium heat and cook onion and parsley for about 5 minutes or until softened.

Add peppers, broth and honey and bring to a simmer. Simmer for about 2

minutes or until some of the broth has evaporated. Serve over fish fillets. Developed by EMILY RICHARDS FOR THE HEART AND STROKE FOUNDATION OF ONTARIO, HEARTANDSTROKE CAN THE CANADIAN PRESS

Book of the Week

Leslie Beck's Healthy Kitchen

Leslie Beck's Healthy Kitchen is a must-have staple, with 250 recipes and quick ways to help you eat the healthiest diet possible, including meal-planning tips, getting portion sizes right and cooking methods.

and cooking methods.

Enjoy Cranberry Apple Granola for breakfast, Lentil Salad with Citrus Yogurt Dressing for lunch, Cashew Mango Trail Mix for a snack, Easy Fish Tacos for dinner, and Blueberries Topped with Candied Almonds for dessert. On weekends, make Smoked Salmon and Dill Frittata or Banana Flax Pancakes to start your family's day. Beck's easy recipes are great for entertaining, too. METRO



Get your day started with Egg-White Soufflé



Soufflés puff up beautifully. Enjoying the creamy delicious flavour of a souffle is a treat too.

In 1-l (4-cup) bowl, combine margarine and milk. Microwave on High 30 seconds. Whisk in flour, oregano and cayenne pepper. Microwave on High 30 seconds. Whisk to combine. Whisk in red pepper.

In separate bowl and using electric mixer, beat egg white until firm peaks. Fold into milk mixture until evenly combined. Microwave on High for 1 minute or until puffed and cooked through. Slide out onto a plate and place a slice of orange on top. Developed by Emily RICHARDS FOR THE HEART AND STROKE FOUNDATION OF ONTARIO, HEARTAND-STROKE.CA/THE CANADIAN PRESS

Ingredients

- 10 ml (2 tsp) soft non-hydrogenated margarine
- 50 ml (1/4 cup) skim milk
- 15 ml (1 tbsp) all-purpose
- 1 ml (1/4 tsp) dried oregano
- Pinch cayenne pepper
 15 ml (1 tbsp) finely chopped
- 15 ml (1 tbsp) finely chopp roasted red pepper
- 1 egg white
- Orange slice, for garnish

Strawberry Mini Muffins. Bite-sized morsels make a perfect light dessert

Bite into these mini muffins for a sweet treat with a cup of tea or tuck them into tote-along lunches.

- In a small bowl and using a potato masher, mash 250 ml (1 cup) of the strawberries; set aside.
- In a medium bowl, whisk together flour, wheat bran, baking powder, ginger and baking soda; set aside.
- In a large bowl and using a wooden spoon, stir together margarine and sugar until combined. Stir

Ingredients

- 325 ml (1 1/3 cups) diced fresh strawberries, divided
- 250 ml (1 cup) all-purpose flour
- 150 ml (2/3 cup) natural wheat bran
- 5 ml (1 tsp) baking powder • 2 ml (1/2 tsp) ground ginger
- 2 ml (1/2 tsp) ground ginge1 ml (1/4 tsp) baking soda
- 50 ml (1/4 cup) soft non-
- hydrogenated margarine
 50 ml (1/4 cup) packed
- brown sugar
 1 egg
- 5 ml (1 tsp) vanilla
- 125 ml (1/2 cup) plain low-fat
- 6 small strawberries



in egg and vanilla. Stir in mashed strawberries. Gradually add flour mixture and stir until just combined. Stir in yogurt and remaining chopped strawberries until well distributed.

Divide batter among 24 lightly greased mini muffin cups. Top muffins with

sliced strawberries.

Bake in a 190 C (375 F) oven for about 20 minutes or until tops of mufins spring back when lightly pressed. DEVELOPED BY EMILY RICHARDS FOR THE HEART AND STROKE FOUNDATION OF ONTARIO, HEARTANDSTROKE.CA/ THE CANADIAN PRESS

Baseball

Encarnacion powers Jays over Yankees

Edwin Encarnacion hit two home runs for the Toronto Blue Jays in a 7-5 victory over the New York Yankees in spring training action on Wednesday.

MLS

Toronto FC rises above Galaxy

Nick Soolsma scored in the 67th minute as Toronto FC beat the Los Angeles Galaxy 2-1 on Wednesday to advance to the CONCACAF Champions League semifinals. Toronto will next face Mexico's Santos Laguna. THE ASSOCIATED PRESS



NFL

Titans execs meet with **Manning**

A group of Tennessee Titans executives have returned to Nashville with Peyton Manning for a meeting with the free agent on the team's home



"Things went well in the first set, but then he picked up

his game."

Milos Raonic who suffered a hard-fought 6-7 (4), 6-2, 6-4 loss to world No. 3 Roger Federer on Tuesday night.

After Baertschi, Flames' prospect supply gets thin



THE HOCKEY

Calgary fans caught glimpse of the future when prized 2011 first-rounder . Sven Baertschi made his NHL debut and scored a pair of difference-making goals in three games.

For Flames followers bent on seeing their team plan for a future, Baertschi is a breath of fresh air. He's pure skill and hockey sense. And he's the only Flames prospect (ranked No. 15) among the top 75 in The Hockey News' Future Watch, which ranks the best NHL-affiliated players in the game.
Future Watch is an un-

biased look at how NHL teams draft and develop talent. We contact a scouting representative from all 30 teams in order to assess each organization's top-10 prospects. We then get this scouting panel to vote on the top-50 prospects from a selection list of 300. We also get the judges — one rep from each team — to letter grade the other 29 organizations in terms of 21-and-



prospects. Calgary came in at

No. 29 with a C grade. The Flames didn't do well, to put in kindly, during the Darryl Sutter years. With the game evolving around him, the old-school GM focused his attention on plodding, beefy grinders such as Kris Chucko, Matt Pelech and Greg Nemisz with his early picks. Of his 59 selections in eight drafts, only seven have materialized into NHLers, though there are high hopes for several he selected in 2009 and 2010. That's well behind the NHL curve and that's why Calgary has been a bottom-feeder in recent Future Watch editions.

Sutter didn't leave current GM Jay Feaster much of a prospect cupboard. Then, to make matters worse, former prized prospect Tim Erixon refused to sign

11th-hour trade in order to gain any return at all. As it turned out, Roman Horak and two second-round picks (prospects Markus Granlund and Tyler Wotherspoon) are pretty good return, though this will take years to judge fairly.

wasn't too impressed with Calgary giving up a 2012 second-rounder in the Robyn Regehr deal with Buffalo for Chris Butler, because few teams need high draft picks like the Flames do.

Other prospects on Cal-gary's top 10 in Future Watch are goalie Leland Irving, forwards Max Reinhart, John Gaudreau, Lance Bouma, Nemisz, Granlund, Ryan Howse, and defencemen Chris Breen and John Ramage. It's a list the Flames say has promise. The scouting community out there has

Howard wants to finish season with Magic



The Orlando Magic entered their third meeting with the Miami Heat shrouded in uncertainty because of the unknown status of their biggest star.

Dwight Howard made pre-season request to be traded from the only team the former No. 1 pick has ever known, leaving fans wondering if every game could be his final one with

in a Magic jersey But with the NBA's 3 p.m. EDT Thursday trade deadline fast approaching, Howard used the aftermath of a 24-point, 25-rebound performance in the Magic's 104-98 overtime victory over the

"We have to take a chance and I think we have a great chance to surprise a lot of people by winning."

Dwight Howard

Miami Heat Tuesday night to quell some of that uneasi-

Howard took back his pre-season request and said that he wanted to remain with the team for the remainder of the season.

"Well, I told those guys,

I've been telling them for the past two or three weeks now that I want to stay and finish the season," Howard said. "I told them I feel we have a great opportunity to win and I told them that I want to be here and I want to bring a championship here. I told them they've got to give me that chance. They didn't trade me at the beginning of the season and I told them I'd go out and play as hard as I could every night to put our team in a position

It was the eighth 20-20 game of the season for Howard and 40th of his career.

THE ASSOCIATED PRESS



metronews.ca Thursday, March 15, 2012 metr⊕ **SPORTS**

GMs ponder shift of power to Penguins

NHL. 'They're obviously the best team in the league. says GM Sather of Pittsburgh with Crosby

There were a few jealous glances cast toward Pittsburgh GM Ray Shero.

News of Sidney Crosby's impending return to the Penguins lineup left Shero's col-leagues wondering how much tougher the path to the Stanley Cup has become as they gathered in Florida for the NHL's general managers' meetings in Boca Raton, Fla.

'With him back, it's certainly going to make it a lot more difficult," New York Rangers GM Glen Sather said Wednesday after the meetings wrapped up.

Crosby is scheduled to see his first action since Dec. 5 when Pittsburgh (42-21-5) visits the Rangers at Madison Square Garden on Thursday night. New York (44-18-7) is currently the top seed in the Eastern Conference, six points up on the Penguins.

However, Crosby is re-joining a Pittsburgh team that has won nine straight games and appears to be peaking just before the start of the playoffs. Adding the best player in hockey to that mix is a scary thing for opponents.



"It's not like they needed help," said Philadelphia Flyers GM Paul Holmgren.

Not only does his team face the Penguins three times before the end of the regular season, they are also possible

first-round opponents.

"Obviously, Pittsburgh over the last couple of years have been a tremendous team," he said. "There was a period of time last year where they had Sidney and Evgeni (Malkin)

out and they still continued to march along. They're certainly one of the top teams in the

Crosby's absence dates back to January 2011, when he sus-



"I hope he doesn't play against us (in the playoffs).... He

adds a great dimension to their hockey team."

Ottawa Senators GM Bryan Murray

consecutive games and was diagnosed with a concussion. He returned to the Penguins lineup in November before suffering a setback in December that was linked to a softtissue neck issue.

While acknowledging that his team found it easier to face Pittsburgh without Crosby, New Jersey Devils GM Lou Lamoriello indicated that seeing No. 87 back will be a welcome sight.

'It's great that he's back," said Lamoriello. "He's certainly not only a great player, but he's a great personality in the game. He represents the game as well as anybody represents the game."

The Penguins plan to ease Crosby back into action, starting him as the centre on their third line.

For Shero, the biggest concern is that Crosby's return and potentially that of defenceman Kris Letang, who

Uncertainty surrounding the NHL's collective bargaining agreement has prompted the league to call off next fall's games in Europe.

- A senior league source confirmed Wednesday that the season-opening overseas games have been cancelled.
- It will be the first time since 2007 that the NHL won't kick off the season overseas.
- "I'm not going to comment as to what the next CBA may look like," said commissioner Gary Bettman. "But the CBA that we currently have is in effect until Sept. 15 and we told clubs to continue to operate under the CBA"

is recovering from his own head injury — doesn't get the Penguins to change the way they've been playing during the recent hot stretch.

"It's easier said than done," said Shero. "We want to keep things as normal as possible. We've played without so many players for a good period of time and we've had some suc-

cess. "We don't want to get away

THE CANADIAN PRESS



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Lions go all out to sign Johnson

Calvin Johnson got the biggest contract in NFL history Wednesday, and he wasn't even a free agent.

The All-Pro wide receiver's eight-year deal through the 2019 season is worth \$132 million, with \$60 million guaranteed, surpassing the \$120 million with \$50 million guaranteed being paid to Arizona's Larry Fitzgerald.

"They were happy to get

this thing done with, and I was happy as well," Johnson said. "It wasn't a lot of confrontation. We weren't butting heads or anything. It was just something that we knew needed to get done."

Another All-Pro, guard Carl Nicks, left New Orleans for the Tampa Bay Buccaneers and a five-vear contract. Considered one of the NFL's best pass blockers, Nicks is a twotime Pro Bowl player and was a key on the Saints' recordsetting offence.

Former 1,000-yard rusher Peyton Hillis is getting a fresh start in Kansas City following a drama- and injury-filled second season in Cleveland after rushing for 1,177 yards in 2010. Terms of the deal weren't immediately











PT

NATIONAL HOCKEY LEAGUE

EAS	STERN	CONF	ER	EN(CE
			GP	W	L

	GP	W	L	0TL	SL	GF	GA	Pts	Home	Away	Last 10	Strk					
d-NY Rangers	69	44	18	2	5	192	150	95	24-7-0-2	20-11-2-3	6-3-1-0	W2					
d-Boston	69	40	26	1	2	223	170	83	20-13-1-1	20-13-0-1	4-6-0-0	L3					
d-Florida	69	33	23	5	8	171	193	79	18-9-1-7	15-14-4-1	6-3-0-1	W2					
Pittsburgh	68	42	21	2	3	219	173	89	24-8-2-0	18-13-0-3	9-1-0-0	W9					
Philadelphia	69	40	22	2	5	223	197	87	18-10-1-4	22-12-1-1	7-3-0-0	W1					
New Jersey	70	40	25	2	3	195	182	85	19-12-0-3	21-13-2-0	5-4-1-0	L1					
Ottawa	71	36	25	6	4	218	209	82	18-13-2-2	18-12-4-2	5-3-0-2	L2					
Washington	70	36	28	3	3	189	197	78	23-10-1-2	13-18-2-1	7-2-1-0	W4					
Buffalo	71	33	29	4	5	178	201	75	18-11-3-5	15-18-1-0	6-2-1-1	L1					
Winnipeg	70	33	29	4	4	186	197	74	22-10-1-3	11-19-3-1	5-3-1-1	W1					
Tampa Bay	69	32	30	4	3	197	234	71	21-11-1-1	11-19-3-2	5-4-1-0	W1					
Toronto	70	30	32	4	4	202	217	68	16-13-3-3	14-19-1-1	1-8-0-1	L5					
NY Islanders	70	28	31	7	4	163	206	67	15-15-5-1	13-16-3-2	3-4-2-1	L4					
Carolina	70	26	29	9	6	183	211	67	17-13-1-5	9-16-8-1	3-3-2-2	L2					
Montreal	71	28	32	3	8	188	198	67	13-15-2-6	15-17-1-2	4-5-1-0	W1					
WESTERNISO	HEEL		CF				AFCTERN CONFERENCE										

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GΑ	Pts	Home	Away	Last 10	Strl
d-St. Louis	71	45	18	1	7	186	139	98	28-4-1-3	17-14-0-4	8-1-0-1	LI
d-Vancouver	69	42	19	1	7	215	172	92	20-9-0-4	22-10-1-2	4-4-1-1	LI
d-Dallas	71	39	27	1	4	188	188	83	20-12-0-3	19-15-1-1	8-1-0-1	L1
Detroit	70	44	23	1	2	219	167	91	28-4-1-1	16-19-0-1	3-6-0-1	L
Nashville	69	41	21	3	4	200	179	89	23-8-2-3	18-13-1-1	7-2-0-1	W:
Chicago	71	38	25	4	4	213	209	84	24-7-1-4	14-18-3-0	5-4-0-1	W1
Colorado	72	38	30	3	1	191	193	80	21-15-0-1	17-15-3-0	7-3-0-0	W:
Phoenix	70	34	25	3	8	182	178	79		16-13-1-4	4-4-0-2	L1
San Jose	69	34	25	5	5	189	178	78	19-11-2-1	15-14-3-4	2-5-1-2	Li
Calgary	70	33	25	5	7	176	193	78	19-9-1-4	14-15-4-3	5-1-1-3	W
Los Angeles	70	33	25	5	7	159	153	78	18-13-0-4	15-12-5-3	6-4-0-0	W2
Anaheim	70	29	30	5	6	173	196	69	18-14-2-0	11-16-3-6	4-5-1-0	L3
Minnesota	70	29	31	2	8	150	194	68	15-14-1-3	14-17-1-5	2-7-0-1	Lã
Edmonton	69	26	36	3	4	182	209	59	16-15-2-2	10-21-1-2	3-6-1-0	L3
Columbus	69	22	40	2	5	161	223	51	13-20-1-2	9-20-1-3	5-5-0-0	Lã
d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is												

credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) colu

Last night's results

Colorado 5 Buffalo 4 (SO) Montreal 3 Ottawa 2 (SO) Winnipeg 5 Dallas 2 Columbus at Edmonton Detroit at Anaheim

Tuesday's results

Calgary 3 San Jose 2 (OT) Florida 5 Toronto 2 Chicago 4 St. Louis 3 (SO) Dallas 1 Minnesota 0 Los Angeles 5 Detroit 2 N.Y. Rangers 4 Carolina 2 Philadelphia 3 New Jersey 0 Tampa Bay 6 Boston 1

Washington 5 N.Y. Islanders 4 (SO) Tonight's games

(All times Eastern)

Colorado at New Jersey, 7 p.m. Philadelphia at N.Y. Islanders, 7 p.m. Pittsburgh at N.Y. Rangers, 7 p.m. St. Louis at Carolina, 7 p.m. Toronto at Tampa Bay, 7:30 p.m. Boston at Florida, 7:30 p.m. Phoenix at Calgary, 9 p.m. Nashville at San Jose, 10:30 p.m. Tomorrow's games Montreal at Ottawa, 7:30 p.m. Washington at Winnipeg, 8:30 p.m.

Chicago at Dallas, 8:30 p.m. Calgary at Edmonton, 9:30 p.m

Los Angeles at Anaheim, 10 p.m.

CANADIENS 3, SENATORS 2 (SO)

First Period
1. Montreal, Cole 27 (Nokelainen, Palushaj) 13:45 Ottawa, Greening 14 (Michalek, Spezza)

14:11 Penalties - Cowen Ott, Geoffrion Mtl (roughing) 16:44, Cowen Ott, Nokelainen Mtl (fight-

Second Period

No Scoring.

Penalties — Pacioretty Mtl (interference) 0:37, Cole Mtl (slashing) 2:40, Neil Ott (goaltender interference) 2:56, Markov Mtl (goal-tender interference) 3:41, Foligno Ott (goaltender interference) 14:00

Third Period

3. Montreal, Desharnais 16 (Subban, Pacioret ty) 0:24

4. Ottawa, Karlsson 19 (Kuba, Spezza) 11:01 Penalties — Karlsson Ott, Eller Mtl (unsports manlike conduct) 13:22.

Overtime No Scoring

Shootout Montreal wins 1-0

Montreal (1) — Pacioretty, miss; Desharna goal; Markov, miss; Ottawa (0) - Michaelek, miss; Spezza, miss; Alfredsson, miss.

14 9 11 3-37 Ottawa Montreal 8 8 1-26 Goal — Ottawa: Rishon (L.2-0-2): Montreal: Price (W,25-26-9). Power plays (goals-chances) — Ottawa: 0-3; Montreal: 0-1. Att. - 21,273 (21,273) at Montreal.

JETS 5, STARS 2

1. Winnipeg, Antropov 11 (Miettinen, Clit-

some) 2:21

2. Winnipeg, Kane 28 (Burmistroy, Wellwood)

3. Winnipeg, Fehr 2, 8:29 4. Winnipeg, Ladd 22 (Little, Wheeler) 9:15 5. Winnipeg, Ladd 23 (Byfuglien, Wheeler)

6. Dallas, Eriksson 24 (Ribeiro) 16:29

Dal (unsportsmanlike conduct), Hainsey Wpg (cross-checking) 10:44, Robidas Dal (delay of game) 15·59

7. Dallas, Eriksson 25 (Ryder, Goligoski) 16:16 Penalties — Burish Dal (roughing, unsports-manlike conduct, game misconduct), Fiddler Dal (unsportsmanlike conduct), Glass Wpg (roughing, misconduct) 17:13.

Goal — Dallas: Bachman (L,8-4-1); Winnipeg: Pavelec (W,26-23-7). **Power plays (goals-chances)** — Dallas: 0-0; Winnipeg: 1-3.

Att. - 15,004 (15,004) at Winnipeg SCORING LEADERS

	G	Α	PI
Stamkos, TB	50	34	84
Malkin, Pgh	38	46	84
Giroux, Pha	25	55	80
Spezza, Ott	29	44	73
Kessel, Tor	34	38	72
Kovalchuk, NJ	30	41	71
Tavares, NYI	30	39	69
Hossa, Chi	27	42	69
Karlsson, Ott	18	51	69
Lupul, Tor	25	42	67
Elias, NJ	24	43	67
Thornton, SJ	15	51	66
H.Sedin, Vcr	13	53	66
Neal, Pgh	31	34	65
Eberle, Edm	30	35	65
Gaborik, NYR	34	30	64
D.Sedin, Vcr	28	36	64
Pominville, Buf	25	38	63
St. Louis, TB	22	41	63
Parise, NJ	28	34	62
Eriksson, Dal	23	39	62
Ra.Whitney, Phx	21	41	62
Parenteau, NYI	15	46	61
Hartnell, Pha	32	28	60
Iginla, Cal	30	30	60
Kopitar, LA	21	39	60
E.Staal, Car	19	41	60
Moulson, NYI	30	29	59
Sharp, Chi	26	33	59
Selanne, Ana	22	37	59
Zetterberg, Det	18	41	59
Datsyuk, Det	16	43	59
Filppula, Det	22	36	58
O.Jokinen, Cal	21	37	58
Pacioretty, Mtl	30	27	57
Toews, Chi	29	28	57
Seguin, Bos	24	33	57
P.Kane, Chi	18	39	57
Couture, SJ	30	26	56
Vrbata, Phx	30	26	56
Benn, Dal	21	35	56
Purcell, TB	20	36	56
Wheeler, Wpg	17	39	56
Perry, Ana	34	21	55
Marleau, SJ	27	28	55
P.Bergeron, Bos	19	36	55
Desharnais, Mtl	15	39	54
Ryder, Dal	30	23	53
Ovechkin, Wash	29	24	53
Franzen, Det	26	27	53
Lucic, Bos	23	30	53
B.Richards, NYR	23	30	53
Ribeiro, Dal	16	37	53
Not including last night's	games		

MLB

SPRING TRAINING

Yesterday's results Pittsburgh 11 Baltimore 5 Detroit 7 N.Y. Mets 6 (10 inn.) Miami 4 Tampa Bay 2 Houston 4 St. Louis 3 Toronto 7 N.Y. Yankees 5 Minnesota 6 Philadelphia 4 Milwaukee 10 Chicago Cubs 2 Chicago White Sox 9 L.A. Angels 7

Colorado (ss) 6 Texas 1 San Diego 9 Cincinnati 4 San Francisco 2 Cleveland 2 (10 inn.) an Diego 8 Arizona (ss) 0

Atlanta 6 Washington 5 Kansas City vs. Seattle L.A. Dodgers vs. Cincinnat Arizona (ss) vs. Colorado (ss)

Today's games Baltimore vs. Detroit at Lakeland, Fla., 1:05 p.m. Atlanta vs. Philadelphia (ss) at Clearwater, Fla.,

1:05 p.m. N.Y. Yankees vs. Washington at Viera, Fla., 1:05 p.m. Pittsburgh vs. Minnesota at Fort Myers, Fla.,

Toronto vs. Houston at Kissimmee, Fla., 1:05

p.m. N.Y. Mets vs. Miami at Jupiter, Fla., 1:05 p.m. Philadelphia (ss) vs. Tampa Bay at Port Char-lotte, Fla., 1:05 p.m.

St. Louis vs. Boston at Fort Myers, Fla., 2:35 p.m Arizona vs. Chicago Cubs (ss) at Mesa, Ariz., 4:05

San Diego vs. Milwaukee at Phoenix, 4:05 p.m. Chicago White Sox vs. Cleveland at Goodyear, Ariz., 4:05 p.m.

Kansas City vs. L.A. Dodgers at Glendale, Ariz.,

4:05 p.m. Cincinnati vs. L.A. Angels at Tempe, Ariz., 4:05 p.m. Oakland vs. Texas at Surprise, Ariz., 4:05 p.m. Chicago Cubs (ss) vs. Colorado at Scottsdale,

Ariz., 4:10 p.m. San Francisco vs. Seattle at Peoria, Ariz., 10:05 p.m.

BLUE IAYS 7. YANKEES 5.

DLUE JA	13	,	,	11	INVEES S				
New York	ab	r	h	bi	Toronto	ab	r	h	bi
Jeter ss	3	1	1	0	Y.Escobar ss		1	0	0
Bernier ss		1	1	2	Vizquel ss	2		0	0
Granderson cf				1	K.Johnson 2b	3	0	1	0
Wise pr-cf				2	Gose cf	1		0	0
Cano 2b	2		0	0	Bautista rf	2	0	0	0
C.Joseph 2b	2		1		B.Francisco rf		0	0	0
Al.Rodriguez d	h 3	0	0	0	Lind 1b	2	0	0	0
K.Hgshka pr-dl			0	0	Valbuena pr-2b		1	0	0
Teixeira 1b	3	0	1	0	Encarnacion If	3	3	3	4
B.Laird 1b	1		0	0	M.Crouse If	1		0	0
Ibanez If	3		0	0	Lawrie 3b		1	2	0
Curtis If	1		0	0	Woodward 3b		0	0	0
Swisher rf	2		0	0	Rasmus cf	3		1	1
Garner rf		1			M.McDade 1b		0	0	0
Er.Chavez 3b	2		1	0	Arencibia dh	3	1	1	2
J.Nix 3b		1			T.d'Arnaud ph-c		0	0	0
Cervelli c		0		0	Mathis c	3		0	0
Gar.Sanchez c	2	1		0	A.Jimenez c	1		0	0
Totals	38	5	12	5	Totals	32			7
New York					001 000 4	00		5	
Toronto					010 240 0	0x	7	7	
E-Woodwa	ard	(1). i	A.J	imenez (1), DP	- N	le۱	V	

York 2. LOB—New York 8, Toronto 6, 2B— Bernier (2), Granderson 2 (4), Garner (2), Cervelli (2) Lawrie (6) 3R-Lawrie (1) HR-Encarnacion 2 (2), Arencibia (2). SB-

(Z), K.Johnson (Z), Lawrie (4).												
	IΡ	Н	R	ER	BB	S0						
New York												
F.Garcia L,1-1	3	4	2	2	1	3						
Wade	1	1	1	1	0	2						
Banuelos	1	3	4	4	2	1						
D.Mitchell	3	0	0	0	0	4						
Toronto												
H.Alvarez	3	4	1	1	0	3						
C.Villanueva W,1-0	2	1	0	0	0	1						
Frasor	1	1	0	0	1	0						
Carreno	2	4	4	3	1	3						
Hoev S.1-1	1	2	0	0	0	2						

A-5,509 (5,509) at Dunedin.

SOCCER

EASTERN CONFERENCE

	W	L	Т	Pt	GF	GA
Houston	1	0	0	3	1	0
Kansas City	1	0	0	3	1	0
Chicago	0	0	0	0	0	0
Toronto	0	0	0	0	0	0
New York	0	1	0	0	1	2
D.C. United	0	1	0	0	0	1
New England	0	1	0	0	0	1
Philadelphia	0	1	0	0	1	3
Columbus	0	1	0	0	0	2
Montreal	0	1	0	0	0	2

WESTERN CONFERENCE

	W	L	Т	Pt	GF	GA
Portland	1	0	0	3	3	1
Real Salt Lake	1	0	0	3	3	1
Colorado	1	0	0	3	2	0
Vancouver	1	0	0	3	2	0
Dallas	1	0	0	3	2	1
San Jose	1	0	0	3	1	0
Seattle	0	0	0	0	0	0
Chivas USA	0	1	0	0	0	1
Los Angeles	0	1	0	0	1	3

Note: Three points for victory, 1 point for tie

Saturday's games
All times Eastern
Chicago at Montreal, 2 p.m.
Houston at San Jose, 5 p.m.
New England at Kansas City, 8:30 p.m. Portland at Dallas, 8:30 p.m New York at Real Salt Lake, 10 n m. Toronto at Seattle, 10 p.m ncouver at Chivas USA, 10:30 p.m

Sunday's games Colorado at Philadelphia, 4 p.m. D.C. United at Los Angeles, 7 p.m

EUROPEAN CHAMPIONS LEAGUE

SECOND ROUND Second Lea Yesterday's results

Real Madrid (Spain) 4 CSKA Moscow (Russia) 1 (Real Madrid advances 5-2 on aggregate) Chelsea (England) 4 Napoli (Italy) 1 (extra

(Chelsea advances 5-4 on aggregate)

Tuesday's results Bayern Munich (Germany) 7 FC Basel

(Switzerland) 0
(Bayern advances 7-1 on aggregate)
Inter Milan (Italy) 2 Marseille (France) 1
(2-2 on aggregate. Marseille advances on away goals)

LACROSSE

NLL

Ruffalo

EAST DIVISION												
	GP	W	L	Pct.	GF	GA	GB					
Philadelphia	9	5	4	.556	100	110	_					
Rochester	10	5	5	.500	126	121	1/2					
Toronto	9	4	5	.444	104	108	1					

8 2 6 .250 93 105 21/3 WEST DIVISION

	GP	W	L Pct.	GF	GΑ	GB
Colorado	10	8	2.800	130	129	_
Calgary	10	7	3 .700	135	109	1
Minnesota	8	5	3 .625	103	92	2
Washington	10	3	7.300	101	121	5
Edmonton	8	2	6 .250	83	90	5
WEEK 11						

All times Eastern Buffalo at Toronto, 7:30 p.m.

Saturday's games Edmonton at Philadelphia, 7 p.m. Minnesota at Buffalo, 7:30 p.m

EASTERN CONFERENCE

d-Chicago	35	9	.795	_
d-Miami	31	10	.756	21/2
Orlando	28	16	.636	7
d-Philadelphia	25	18	.581	91/2
Indiana	25	16	.610	81/2
Atlanta	24	18	.571	10
Boston	22	19	.537	111/2
Milwaukee	19	24	.442	151/2
New York	19	24	.442	151/2
Cleveland	16	25	.390	171/2
Detroit	15	27	.357	19
New Jersey	15	29	.341	20
Toronto	14	29	.326	201/2
Washington	9	32	.220	241/2
Charlotte	6	35	.146	271/2

WESTERN CONFEDENCE

WESTERIA COMI ENEMCE											
	W	L	Pct	GB							
d-Oklahoma City	32	10	.762	_							
d-San Antonio	28	13	.683	31/2							
d-L.A. Lakers	27	16	.628	51/2							
Memphis	24	17	.585	71/2							
L.A. Clippers	23	17	.575	8							
Denver	24	19	.558	81/2							
Dallas	24	20	.545	9							
Houston	24	20	.545	9							
Minnesota	22	21	.512	10 ¹ / ₂							
Utah	20	21	.488	111/2							
Portland	20	23	.465	121/2							
Phoenix	19	22	.463	121/2							
Golden State	18	21	.462	121/2							
Sacramento	14	28	.333	18							
New Orleans	10	33	.233	221/2							
d - division leaders r	anked	in top	four po	sitions							
regardless of record.											

Last night's results Indiana 111 Philadelphia 94 New Jersey 98 Toronto 84 New York 121 Portland 79 Houston 107 Charlotte 87 L.A. Lakers 107 New Orleans 101 (OT) Milwaukee 115 Cleveland 105

San Antonio 122 Orlando 111 Miami at Chicago Detroit at Sacramento

Atlanta at L.A. Clippers Utah at Phoenix

Tuesday's results Toronto 96 Cleveland 88 Indiana 92 Portland 75

Orlando 104 Miami 98 (OT) Houston 104 Oklahoma City 103 L.A. Lakers 116 Memphis 111 (20T) Dallas 107 Washington 98 Denver 118 Atlanta 117 (OTO

Golden State 115 Sacramento 89 Tonight's games Washington at New Orleans, 8 p.m.

Charlotte at Dallas, 8:30 p.m. Oklahoma City at Denver, 9 p.m. Minnesota at Utah, 9 p.m. Phoenix at L.A. Clippers, 10:30 p.m.

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Bryant, LAL	42	437	281	1214	28.9
Durant, OKC	42	412	271	1173	27.9
James, MIA	40	403	259	1099	27.5
Love, MIN	39	328	277	1003	25.7
Westbrook, OKC	42	373	208	991	23.6
Rose, CHI	34	276	176	776	22.8
Wade, MIA	32	278	166	727	22.7
D. Williams, NJN	40	293	202	881	22.0
Ellis, GOL	37	305	151	811	21.9
Aldridge, POR	40	353	161	868	21.7
Griffin, LAC	40	345	167	858	21.5
Howard, ORL	43	340	231	911	21.2
Nowitzki, DAL	40	290	183	806	20.2
Not including last i	night's	game	es		

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metronews.ca Thursday, March 15, 2012 metr_® **PLAY**

Across

throne

1 Chic. to Austin **Powers** 4 Crooked 8 Implement 12 Tramcar contents

13 Decorative case 14 Unsightly 15 Relinquish the

17 Smile 18 Squid squirt

19 Big-time operator? 21 19-Across, e.a.

24 Chart format

25 "Eureka!" 26 Run-down horse

28 Financial advisor Suze

32 Teeny bit 34 Deviate off course

36 Antitoxins 37 Dickinson output

39 Space 41 Water barrier 42 Suitable

44 Literary comparison

. 46 Last major battle site of WWII 50 Lobbyists' org.

51 Actress Sorvino 52 Suggest

56 Greatly 57 Dazzle

58 Driving site 59 Zilch

60 — -a-ling 61 Right angle

Down 1 Bygone bird 2 Sphere

3 Commit (to)

4 Signal, as with a nod

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15	1		16						17			
		18	T			19		20				
21	22				23		24					
25				26		27		28		29	30	31
32			33		34		35		36			
37				38		39		40		41		
			42		43		44		45			
46	47	48				49		50				
51					52		53				54	55
56					57					58		
59					60					61		

5 Schedule abbr. 6 "Phooey!" 7 Traffic jam 8 They're in for the

long haul 9 Shrek is one 10 Hodgepodge 11 Singer Loretta

16 Bankbook abbr. 20 Carnival site 21 Moist

22 Canton's place 23 Shaft of light 27 Choke 29 Treat an ail-

ment 30 Asian sea, really a lake 31 Appellation 33 Spring (from) 35 Existed

38 Hot tub 40 Ornamental

material 43 Checker move?

45 Buddy

46 Muscat's land 47 Narc's measure 48 Press

49 Con 53 Press for payment

54 — Aviv 55 Moray or congersoup

	5			3			6	
		2	1		5	3		
7								1
4		8				2		6
			9		4			
3		5				8		7
1								4
		3	6		8	1		
	7			9			2	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer									
2	6	5	2	4	9	8	1	7	
8	9	1	7	2	6	5	3	4	
3	4	7	1	8	5	9	2	θ	
5	2	6	8	7	3	1	4	9	
1	3	9	4	5	2	6	7	8	
7	8	4	6	9	1	3	5	2	
9	1	3	2	6	7	4	8	5	
4	5	2	0	3	8	7	6	1	
6.	7	8	5	1	4	2	9	3	

- Pie. Thank you Pie. It's been awhile since I sent you some words to make you smile. You are always in my thoughts, so don't think that I forgot. I want you to know my love for vou continues to arow. We've been together awhile, lets continue to make each other smile. I gave you my heart from the very start. A lot has changed, but our love still remains. See you tonight for pie! Love Muffinman
- Rain Ramble. why hello, sorry i've been tuned out of here lately ive been trying to stay away from the iternet ... the first rule of being stong = dont cry when ppl tease you..lol. i dont know how to make this all better so i guess ill shut up.From Denny
- The Love of My Life. | loved you so much when we were together. The day we broke up my heart shattered. It was a rough time getting it pieced together again. It's never fully gotten there. I love you and miss you always. One day maybe you'll come back.Broken hearted
- JohnDoe. I Love And Miss You SOO Much!!! i cant wait to see you <3 xoxo Your Lover Jane



TODAY

FRIDAY

**

:X: MIN: 3

SATURDAY





T Aries | March 21 - April 20. Don't expect rivals to play fairly

but that's OK because you have no ntention of playing fairly either! Taurus | April 21 - May 21.

Let others know what is on your mind. You should really be this direct more often

II Gemini∣May 22 - June 20. You are in an impulsive mood at

the moment and common sense is unlikely to be a factor in your inking. Don't gamble your rep. Gancer | June 21 - July 22.

Put your own needs first today and ignore those who say you should be more careful. Be more adventurous - all the time!

should. Focus on the positive.

you act on every piece of advice done. You might as well ignore it.

Assert yourself today and let colleagues and employers know

M Scorpio | Oct. 23 - Nov. 21. You may have big plans but do they stand a realistic chance of

success? That is the question.

Ω Leo | July 23 - Aug. 22. It's not like you to have doubts but something is tormenting you more than

W Virgo | Aug. 23 - Sept. 22. If you get today, you won't get much

__ Libra | Sept. 23 - Oct. 22.

you have what it takes to earn a motion. Shine bright.

⁷ Sagittarius | Nov. 22 - De

c. 21. Today is decision day as far as a work-related matter is conned. Make your choice.

Capricorn | Dec. 22 - Jan

20. You will be in a fault-finding mood today. You just can't keep from pointing others' mistakes.

.... Aquarius | Jan. 21 - Feb 18. Look for time-saving and energy saving shortcuts today – there's ty of them waiting to be used.

) (Pisces | Feb. 19 - March 20. You don't care how many egos

might get bruised, you have things to say and they cannot wait any longer. SALLY BROMPTON

Caption Contest

"Hop on again, son. One more time down the hill."

BBC, JASON ROBERTS/DISCOVER CHANNEL/THE ASSOCIATED PRESS



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Write a funny caption for the image above and send it to play@ metronews.ca — the winning caption will be published in Wednesday's Metro.







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Pacific Place

Sunridge Mall

2520 23rd St. NE

2000 McKnight Blvd. NE

323 - 2555 32nd St. NE

1353 32nd Ave. NE

Southwest

Bankers Hall

Bow Valley Square

Chinook Centre

Southcentre Mall

Westbrook Mall

Westhills Towne Centre

6039 Centre St. S

1708 8th St. SW

16061 MacLeod Trail S

6100 MacLeod Trail S

4623 Bow Trail SW

321 6th Ave. SW

2008 33rd Ave. SW

Southeast

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3012 17th Ave. SE

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4410 50th Ave. SE

8500 Macleod Trail SE

5222 130th Ave. SE

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2145 Summerfield Blvd.

Strathmore

55 Wheatland Trail

331 3rd Ave.

Okotoks

31 Southridge Dr

118 Elizabeth St